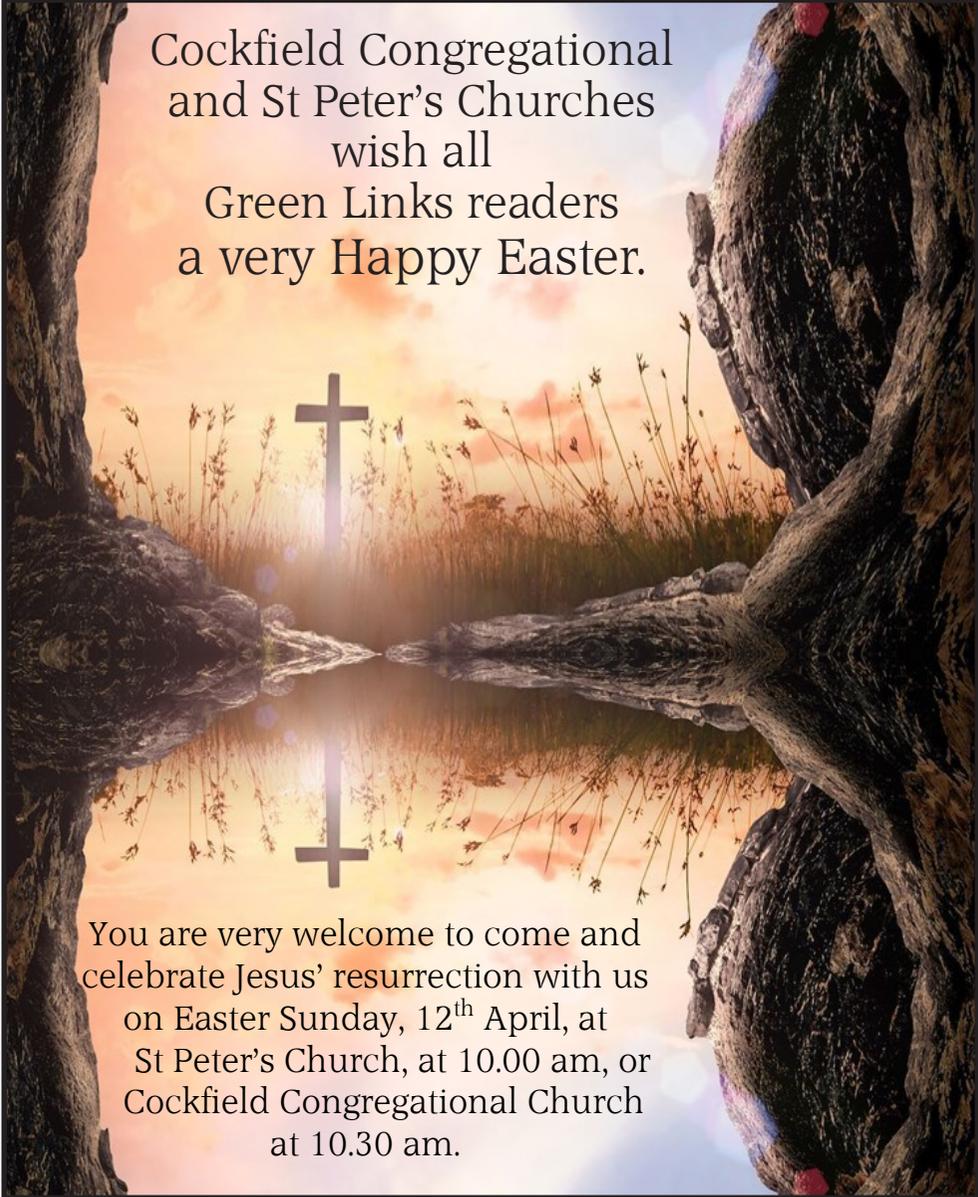


Green Links

The Monthly Village Magazine of Cockfield

April 2020

A vertical photograph of a landscape. In the center, a simple wooden cross stands in a field of tall grasses. The scene is reflected in a body of water in the foreground. The entire image is framed by the dark, textured trunks of large trees on either side. The sky is a mix of orange and blue, suggesting a sunrise or sunset.

Cockfield Congregational
and St Peter's Churches
wish all
Green Links readers
a very Happy Easter.

You are very welcome to come and
celebrate Jesus' resurrection with us
on Easter Sunday, 12th April, at
St Peter's Church, at 10.00 am, or
Cockfield Congregational Church
at 10.30 am.

Green Links Copy Deadline!

Please note all copy for the May issue must be
with me by 15th April please

Janne Cutting-Keyton, Newholme, Smithwood Green, Cockfield.
IP30 0JQ

01284 828264 or janne@twerbs.co.uk

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Green Links



The Monthly Village Magazine of Cockfield
Edition 4– No 152 April 2020

Chairman and Distribution
Editor
Secretary
Advertising Manager

David Simpson
Janne Cutting-Keyton
Morag Kelly
Sue Harrison

They say there is nothing new under the sun but the current crisis is certainly unrepresented in our lifetime. The Parish Council invites us to join with them on the 8th May to commemorate the end of WW2 in Europe, we were in a crisis situation for more than 5 years during the last war and we came through it, certainly not unscathed but in many respects stronger and certainly with more scientific knowledge. Back then communities were naturally closer more people born in the village would have lived in the village for all their lives, everybody knew each other and worked and played together, today society has moved on, generally life is much more fragmented, communications are instant and we look to the world to work and play in but we are still a community.

The Parish Council are holding an Information Event on 7th April giving an opportunity to understand more of the newly named Jeffreys Green Development on the Lavenham Road and to find out how you could live there, details are on page 34 including contact details if you can't come along or would like further information now.

No man is an island and we can't live without interaction with others, so be careful to follow the Government Guidelines and please pay attention to your neighbours and help where you can. Cockfield will come through, new homes will be built and people who were born or brought up in the village will once again be given the opportunity to stay in the village and help to build our community and its resilience as our forebears did.

Take Care.
Janne

www.cockfield.org.uk

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Cockfield Parish Council invites you to join
in the National Celebration of the
End of WW2 in Europe
on 8th May 1945

- 6.45 pm We Gather on Great Green
6.55 pm A Tribute to the Millions
A Toast to Peace
A Cry for Peace Around the World
Community Singing and the Ringing out of
Bells for Peace

After the formalities refreshments will be served
and Cockfield Football Club will open a paid for bar



The event will only go ahead if by the 8th May there are no more stringent
restrictions imposed by the government on public gatherings please check
www.cockfield.org.uk for any last minute updates

Community Response to Coronavirus

Locally we have been in discussion about ways in which we can support those in our community who need help and practical assistance during this challenging period. That support could include shopping, dog walking or simply having a chat. By the time you read this we may already have published our first steps in the provision of that support and how you can access it if required. Our response will develop and evolve as the situation itself develops and the official advice is updated.

Information regarding our own response and any related matters will be posted on the village website www.cockfield.org.uk and via our community broadcasts. Until such time as we publish specific contact information for any comments or concerns please contact

support@cockfield.org.uk

If you are not already receiving the community broadcasts this would be a good opportunity to subscribe, please visit our website at www.cockfield.org.uk and follow the link in the footer of any webpage. If you have any questions or concerns please contact

support@cockfield.org.uk



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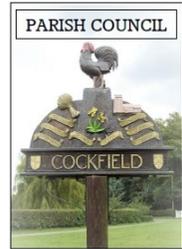
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Cockfield Parish Council

Notes



Summary report of the ordinary Parish Council meeting held 27th February 2020

It was recorded that Cllr Turner and Cllr Williams declared a Pecuniary interest in Agenda Item 7.2 Finance, Cllr Cutting-Keyton declared a Non-Pecuniary Interest in Agenda Item 7.2. Finance, Cllr Webster declared a Non-Pecuniary Interest in Agenda Item 8.1 Planning.

Outstanding Actions:

A number of asset maintenance issues required to be progressed for quotations;

Under seat modification to the Bandstand, Great Green.

Replacing the Great Green Noticeboard in hardwood.

Feasibility and cost of re-siting the Parish Council owned telephone kiosk from outside the Post Office to the corner of the Great Green.

Refurbishing the two-car parking bay at the corner of Great Green.

Harrowing and Hollow Tying the Great Green.

Refurbish the Bus Shelter at MacKenzie Place and the Bench at Mill Corner.

Refurbish two benches on the Great Green – postponed due to bad weather.

Alternative quotations for Grounds Management at the Great Green and to check on the ongoing availability of the Parish Council's existing Contractor to undertake verge Cutting and edge Cutting on the Great Green.

Actions closed:

Purchased a Petrol Leaf Blower.

Clerk has published the Public Health Coronavirus Communication on the Website.

Cllr Williams has de-mossed the Village Hall Car Park to reduce slip safety risk and will spray the surface once the weather conditions improve.

The Clerk provided details of permitted Parish Council expenditure on the proposed VE 75 Celebration Event.

The Clerk to submit the Contractor's invoice to HISCOX for removing the 2 Willow trees on the Great Green and claim reimbursement.

Cllr Southgate has discussed the need for a security grille in the Pavilion kitchen with the football club. It was agreed that this is not required at present but will be reviewed at a later date.

Cllr Southgate has provided signed copies of the Parish Council's Pavilion Hire Agreement to the Football Club. The Football Club agreed to sign and return the agreement within two weeks, along with a letter confirming their compliance with the Licensing Conditions, a copy of their Insurance Policy and a cheque for the balance of their annual rental fee.

Public Participation Session:

District Cllr Mayberry advised that she had voted to retain prayers before BMSDC Council meetings and voted against the BMSDC Budget due to gender pay gap differences.

District Cllr Arthey confirmed the approval timetable for the Parish Council's CIL123 bid and advised that he had visited the MacKenzie Place development building site and Earls Meadow, Bruffs Line and the SCC Meadow and expressed his admiration for the Parish Council's assets.



He confirmed the 3.1% increase in the BMSDC Council Tax (+£5/Annum for a Band D Dwelling) and a Rent Rise of 2.7%, an increase in the cost of long term parking from £2-£3 and a new 3 year funding contribution for CAB of £53,500/annum.

A new Joint Area Parking Management Plan has been prepared in anticipation of Civil Parking Enforcement powers transferring to the District Council in April.

Suffolk County Cllr Lindsay (who has been off sick for some time) provided a written report which was circulated to Cllrs prior to the meeting.

Three members of the public were present to inform discussions on an planning application on the agenda.

Planning: Applications Received: It was noted that the following applications had been referred to the Parish Council:

DC/19/05654: Full Planning Application - Erection of 1No detached dwelling (following demolition of existing semi-detached bungalows and outbuildings): Lane End, Colchester Green, Cockfield, Bury St Edmunds Suffolk IP30 0HG **Notice that the Application has been Withdrawn.**

DC/20/00476: Submission of Details under Outline Planning Permission DC/18/00474 - Access, Appearance, Landscaping, Layout and Scale for up to 3no dwellings and new vehicular access: Plot 1, Land at Bury Road, Cross Green, Cockfield, Bury St Edmunds Suffolk IP30 0LG. **The Parish Council objects to this application.** ([Full details of the Parish Council's Consultation response are available on the BMSDC Website](#)).

DC/19/04755: Resubmission of Outline Planning Application (Access to be considered all other matters reserved) - Erection of up to 28no. dwellings (Plots 5, 6 and 7 of Reserved Matters Permission DC/19/02020 to be repositioned/amended). Land to The Rear of Plough and Fleece Inn, Great Green, Cockfield, Bury St Edmunds Suffolk IP30 0HJ. **The Parish Council Supports this Application.** (Full details of the Parish Council's Consultation response are available on the BMSDC Website).

Planning: Applications Decisions Received:

DC/19/05086: Discharge of Conditions Application for DC/18/00306 - Condition 11 (Details of Access) and Condition 12 (Surface Water Discharge): Land to The West of the Plough and Fleece Inn, Great Green, Cockfield Bury St Edmunds Suffolk. **Decision: Approved Conditions: 11 & 12.**

DC/19/03826: Full Planning Application - Change of use from all residential (C3) to mixed use part residential and business of boarding dogs (sui generis) Gambrel, Chapel Road, Cockfield, Bury St Edmunds Suffolk IP30 0HE. **Decision: Planning Permission has been Granted.**

DC/19/05790: Application for Outline Planning Permission (some matters reserved - access to be considered) - Erection of 2 No detached dwellings and creation of new vehicular access. Abbey Farm House, Bury Road, Cockfield, Bury St Edmunds Suffolk IP30 0LB. **Decision: Planning Permission has been Refused.**



DC/20/00165: Application to determine if Prior Approval is required for a Proposed Change of Use of Agricultural Buildings to Dwelling houses (Class C3) and for building operations reasonably necessary for conversion. Town & Country Planning (General Permitted Development) Order 2015 as amended Schedule 2, Part3 Class Q: Colchester Green Farm, Colchester Green, Cockfield, Bury St Edmunds Suffolk IP30 0HG. **Decision: Prior Approval to the development has been GIVEN subject to conditions.**

DC/19/03793: Planning Application. Erection of 2 no semi-detached dwellings Land North Of 4 Hedgerow Cottages, Windsor Green, Cockfield, Bury St Edmunds Suffolk IP30 0LY. **Decision: Planning Permission has been Refused.**

Financial; The Clerk tabled a proposal for a two year Fixed Rate Agreement with E.ON for the supply of Electricity at the Pavilion. Whilst it was cheaper than the previous Agreement, the Clerk was requested to obtain quotations from alternative Suppliers.

Pavilion Update (tree root encroachment and subsidence); The Clerk confirmed that our Tree Surgeon contractor had removed the Willows at Great Green. HISCOX have confirmed that they will reimburse the Insurer's contribution (less VAT, which will be reclaimed by the Parish Council) to the Parish Council once they receive our Contractor's invoice. The Clerk confirmed that he will be the point of contact with HISCOX for the drainage repair work, which will not commence until the ground conditions on Great Green improve.

VE 75th celebration Event, 8th May 2020

Cllr Cutting-Keyton confirmed the proposed timetable for the event. The Parish Council will provide drinks for the toast, the WI have been asked to provide refreshments and the Football Club have offered to provide a 'paid' bar.

Greens Management; Nothing to report.

Local Needs Housing; Cllr Morley confirmed that work had commenced on the MacKenzie place Development. Cllr Cutting-Keyton commended the orderly management of the construction site.

Pavilion; Cllr Turner has installed the LED lights in the Pavilion. The Football Club will sign and return the pavilion hire agreement, together with a letter confirming their compliance with the Licensing conditions, a copy of their Insurance and a cheque for the balance of their annual hire fee.

Suffolk Association of Local Councils (SALC); Cllr Cutting-Keyton attended the Area PC Liaison Meeting on 04 February 2020 at Stowmarket and advised Cllrs about the Budget Position, the new Corporate Plan, the Community Governance Review, Planning Update, the Joint Local Plan, Enforcement Improvements, Suffolk Design and CIL

Expenditure Review.

She further advised that Civil Parking enforcement will commence in April and that discussions are ongoing with SCC about Verges and Litter.



Earl's Meadow; Cllr Williams thanked volunteers for planting bulbs around Earls Meadow/Bruffs Line. It was agreed that two places be booked on the SALC Allotment Management Course for Cllr Morley and A N Other.

Cemetery; It was agreed acceptance of a quotation of £200 + VAT from S Bradnam to trim the left-hand perimeter hedge to a height of 6'0". The proposal was carried. Whilst the work needs to be undertaken prior to the bird nesting season, the Clerk was asked to ensure that no heavy equipment causes damage to the cemetery until ground conditions have improved.

Parish Paths; Nothing to report.

Highways and Emergencies; Cllr Cutting-Keyton asked that the Coronavirus is on the Agenda for the 26 March 2020 Parish Council meeting.

Police/Fire; Cllr Cutting-Keyton confirmed that she had completed and submitted the Police Survey on behalf of the Parish Council.

Play Equipment; District Cllr Arthey confirmed that the Parish Council's CIL123 Bid would be determined at the 12/03/20 BMSDC Cabinet Meeting.

Village Hall Car Park; It was agreed that a quotation £150.00 + VAT from a local contractor (S Bradnam) to trim the 3 trees sited on the Village Hall car park be accepted.

Neighbourhood CIL; Cllr Morley advised that feasibility work on the Extension to the Village Hall Car Park has been deferred until it is known whether the Parish Council's CIL123 Funding Bid for the Children's Adventure Playground had been successful.

SCC Meadow & Ex-Railway Track Land Purchase; Following further dialogue with our solicitors, it was agreed that the Clerk be requested to Instruct Ashtons Legal to Complete the purchase on behalf of the Parish Council.

It was noted the following items to be included on the March Agenda:

Coronavirus

Grounds Management on Great Green

Verge Cutting/Edge Cutting of Great Green

The date for the Annual Parish Meeting at 7.30pm on 16th April 2020

The development strategy for future Budget Expenditure.

The Parish Council may be contacted through the Clerk, Steve Ball by email at parish.council@cockfield.org.uk

Next Meeting - The next Ordinary Meetings of the Council will be held on Thursday 26th March and Thursday 30th April 2020 at 7.30pm in Cockfield Village Hall.

Cockfield Annual Parish Meeting



**You are invited to
Cockfield Village Hall on
Thursday 16th April 2020 at 7.30pm**

What is an Annual Parish Meeting?

A chance for the Parish Council to explain what it has been doing in the last 12 months and what's planned for the next 12 months or so. Also it is an opportunity for representatives from local bodies and organisations to talk directly to residents and you, as a resident, to question what is going on in the village.

Who Can Attend?

Anyone and everyone is welcome to attend.

Will I be able to ask questions and make comments?

Yes. Not only will your views be welcomed but also it is precisely why the meeting is held. Raise anything you feel is important or needs saying.

Who will be there?

By law, the Parish Council Chairman will lead the meeting. Parish Councillors will be there plus your District and County Councillors, however, they are mainly there to listen and take note. The real purpose of the meeting is to enable you and other residents to have your say. Local clubs, societies, voluntary and statutory organisations will also provide representatives to speak about their work.

How long will the meeting last?

As long as is needed but usually no more than a couple of hours - but you can come and go as you see fit.



Cockfield Community Council

**Come and Join us at Earls Meadow
On Saturday 11th April from 11.00am**

Easter Duck Race

Suitable for all ages

Children must be accompanied by an adult

Dogs on leads please

First Race

11.15am



**£1.00 per Entry (all ducks are provided)
Parking at the Village Hall - Public Footpath
to Earls Meadow via Perrydown Lane**

United Charities of Cockfield

In the event of any Cockfield resident being affected by the Coronavirus and who has financial or any associated difficulties, please do not overlook the possibility of some limited help being available from the Charities. Funds are available to provide support for those suffering hardship as a result of unemployment, medical problems and related matters, a lack of basic food or clothing, educational support and help for those suffering bereavement to residents living in the Parish of Cockfield.

The Trustees must follow the stipulations of the trust documents, but we will consider any requests for help on a strictly confidential basis and advise if we are able to help.

In the first instance please contact Tony Box charities@cockfield.org.uk
Tony Box, Chairman

Thorpe Morieux Gardening Club

At our meeting of Thorpe Morieux Gardening Club last night, we were glad so many members came along to hear our speaker Tim Fuller who gave us an excellent talk on gardening with grasses. Tim was very knowledgeable about grasses and their planting, each one having different requirements as to where they are planted to survive and thrive; so often we buy a grass not really knowing anything about it. Tim worked through 32 different grasses aided with coloured slides this made it easy to choose a grass that would suit what you need.

Our competition was a vase of winter botanic display Patricia Everett won with a display of beautiful smelling Daphnia Odora Marginata and Cheerfulness a dwarf Narcissus.

The evening ended with refreshments and members all chatting about their plans for their gardens for the coming year If you would like to join our gardening club it will cost you £6 or just £2 to come a guest this includes refreshments.



Linda Shotbolt

Hedgehog Housing



Each winter our Wildlife faces a different challenge and this year it's been the constant rain or rather deluge.

Their natural habitat is shrinking and they struggle to find appropriate nest sites, for sleeping and to raise their young. It would be an enormous benefit if we gave Hogs a helping hand by providing a safe sanctuary by way of a purpose-built house.

At the Cockfield Hedgehog Awareness Event, on Saturday 18th April, Suffolk Prickles will be able to take orders for Hedgehog Houses and feeding stations. The Hedgehog houses have been designed by Kane Hunt, Co-founder of Suffolk Prickles Hedgehog Rescue. After many years of working with hedgehogs Suffolk Prickles has found that they like tight small spaces for safety. The hedgehog houses come with information about the design and best practice for placement of the house in your garden.

Feeding stations are an ideal way to help hedgehogs as they deter both cats and rats from chomping at the food left for hedgehogs in your gardens. Again, these come with an instruction leaflet and a starter pack of food.

You can also enter our raffle, giving you a further opportunity to win one of these Hog Houses with a Feeding Station.

On sorting through some old magazines, I came across an article stating that research had shown you were more likely to get Hedgehogs taking up residence in a purpose-built Hog House if you regularly left food out.

Remember, Hedgehogs are lactose intolerant, so NO Bread or Milk
You can supplement their diet with meat-based cat or dog food and preferably cat biscuits, as they only have small mouths. Also, a lovely Bowl of fresh Water.

Hedgehogs

Awareness Event

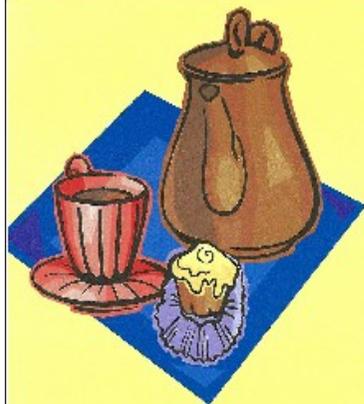
Saturday 18th April – Doors Open 10.30am
at Cockfield Village Hall
Church Lane, Cockfield, Bury St Edmunds IP30 0LA

Presented by **Paula Baker** – Co-founder of
Suffolk Prickles Hedgehog Rescue

**Free
Entry**

**Hedgehog Talk – Question Time -Information
Desk - Merchandise - Ruffled Hog House &
Feeding Station - Refreshments**

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SPRING COFFEE MORNING

**At Gambrel
Chapel Road Cockfield IP30 0HE**

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10:00 am - 12:30 pm

Saturday 25th April 2020

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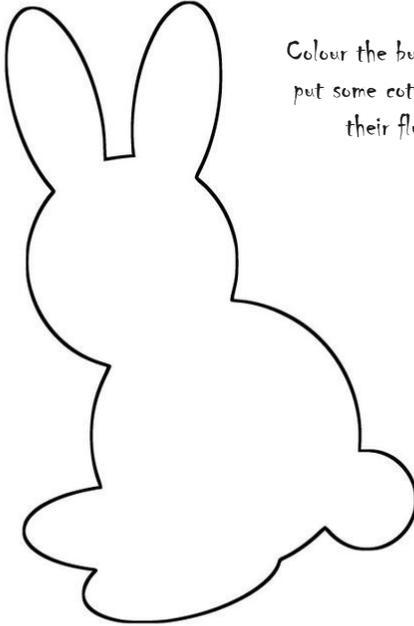
(Includes cup of Coffee/Tea & Scone)



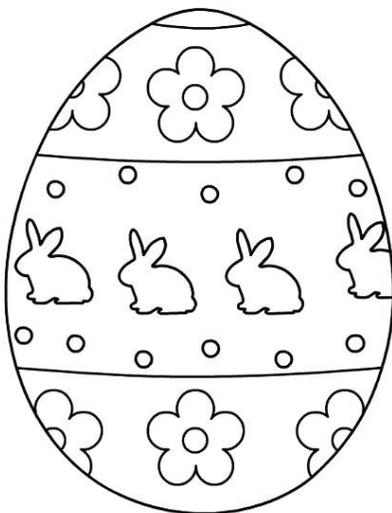
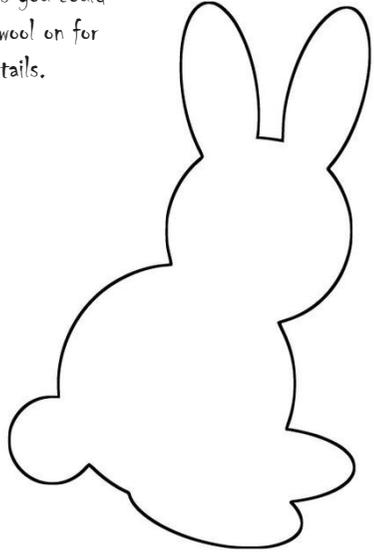
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Children's Page

It's Easter this month and that means the Easter Holidays and maybe Easter Eggs too



Colour the bunnies you could
put some cotton wool on for
their fluffy tails.



COCKFIELD CONGREGATIONAL CHURCH HALL



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WED 5th JULY

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Community Council, Quiz Night, Saturday 22nd February

It's been a while since the Community Council has run a quiz night, so in the weeks leading up to the event, we were wondering if it would prove to be popular.

In the end 88 people took part in 18 teams - a fantastic turn out. The village hall was full and the atmosphere was lively. There were lots of imaginative team names. Some were apparently 'Only here for the fish n' chips' or 'Only here for the beer'. And the authorities and the media had not yet been alerted that apparently there was not one but several 'Lord Lucans' present.

During the evening Peyton Plaice on Barton Road supplied us with some excellent fish n' chips.

The teams answered 8 rounds of 10 questions each, plus a running round of 30 anagrams. A joker could be played to double the score for that round. A total of 230 points were available.

The winners with a very creditable 194 points were All Sorts. Congratulations to them and very well done. They were followed in 2nd and 3rd places by Dunce Corner and Lord Lucans.

Now that the dust has settled on the event I'd like to ask you a couple of questions:

Do you have any comments, suggestions or feedback on the event? We are always looking for ways to improve.

Talking to 1 or 2 people I got the sense they would like to see this event run more frequently than every 2 years or so. When would you like the next quiz to take place? This autumn / winter? Next year? Again comments welcome.

Please reply to me at quiz@cockfield.org.uk

Thank you again to all those who helped out and all those who participated for making it such an enjoyable, successful evening.

Neil Ashton

Gardening Tips for March 2020

Flowers & Grasses

- Sow hardy annuals, herbs and wild flower seeds outdoors.
- In late April cut back your Penstemons down to the base of the plant provided that you can see new growth. Alternatively, cut back to just above a new pair of leaves.
- Continue to divide and replant perennials especially when they have become too large for their original space or if they flowered poorly last season.
- Primroses - Once they have finished flowering lift and divide. This encourages the plant to produce more flowers in the following year.
- Remove faded flowers from winter flowering pansies and violas to stop them setting seed. This will prolong the flowering period.
- In the greenhouse nip out pinch out the growing tips of fuchsias. This will encourage new side shoots and will result in a much bushier plants.
- Sweet pea plants raised from seed in a greenhouse can be planted out now providing the soil is workable/not frozen
- Continue to deadhead Daffodils and Tulips but allow the foliage to die down naturally as this builds up the bulb for the next season.
- Towards the end of the month plant up hanging baskets and containers. Don't forget to add slow release fertiliser and water-retaining gel. Keep under cover until all danger of frost has passed.
- If you have a spare patch of ground sow a packet of wildflower seeds. This will encourage pollinators into your garden.
- Remove dead growth from ornamental grasses.
- Apply a general purpose fertiliser to beds and borders. Take care not to spread over any emerging shoots as this will burn them.



Fruit and Vegetables

- Plant onion sets.
- Sow seed outdoors for beetroot, carrots, Swiss chard, lettuce, radish and perpetual spinach. Make sure that the soil has been well prepared.
- Feed raspberry canes and other fruit bushes sprinkling a slow release fertiliser around the base of the plants.
- Good time to buy vegetable plug plants.
- Pot up tomato seedlings once they have developed true leaves above the more rounded seed leaves.
- Plant asparagus crowns.



Trees, Shrubs & Climbers

- Roses – Climbers and ramblers - Tie in new growth horizontally to your trellis or wires. During any prolonged periods of dry weather make sure new plants are watered. Continue adding fertiliser in accordance with the supplier's instructions.
- Roses grown in containers should be watered regularly especially during prolonged dry periods and fed with a proprietary rose feed.
- Mulch rose beds and shrub borders with a good layer (5-8cm) of organic matter such as well-rotted manure. This will help retain moisture and improve soil structure.
- After flowering hard prune Forsythia back to strong new shoots.
- Prune Buddleia (Butterfly Bush) back hard as they flower on strong new growth. This does not apply to Buddleia Alternifolia or Globosa as they flower on the previous season's growth.
- Protect fruit tree blossom from frost by covering with fleece.
- Mulch fruit trees with well-rotted manure but make sure it doesn't touch the actual trunk.
- Winter stemmed such as Salix (willows) and Cornus (Dogwoods) can still be cut back at the beginning of the month. Prune back hard to within 1 – 2cm of the framework.
-



Lawns

- Apply specialist lawn feed and weed killers.
- Brush away worm casts on warm days.
- Mow Lawn regularly and lower the blades towards the end of the month.



General Maintenance and planning

- Clean patios with proprietary cleaner.
- Continue to keep on top of weeding.
- Make sure bird baths are clean and filled with fresh water.
- Make time for a visit to a local nursery to see what's looking good and in flower for this month.
- Check your compost bins to see if you have any ready to use.
- Keep a separate garden diary to note what seeds you have sown and what you have planted.
- Don't forget your houseplants. As the days become longer and warmer they may require more water. Always refer to the plant's specific care label.
- Apply weed killer to paths and patios. Don't forget to consider children, pets and wildlife before applying weed killers.

- Make sure you give your Greenhouse a thorough clean before the growing season is in full swing.
- Make sure there is fresh water in low saucers for Hedgehogs.
- Leave a flat stone in the garden so that Thrushes have something to smash snail shells on.
- Divide and replant waterlilies once they are showing signs of growth.
- If the water in your pond goes from clear to greenish and persists consider adding oxygenating plants.



Happy Gardening
Kate Ransom



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Cockfield W.I. - March Meeting



Understanding which clothes make the best of our shape can often be a problem for us all. We all have those moments of uncertainty, but a guiding factor towards a reliable clothing choice can lie in the question we sometimes find ourselves pondering, "What body shape am I?" Luckily our speaker for our March meeting, Mandy Martin, had many of the answers with her intriguing talk on 'How to Look Good in a Bin Bag!'

Mandy Wild first described the different types of female body shapes – from triangle, hourglass, rectangle and round shapes. Then, demonstrating first on herself, she wore a bin bag to demonstrate her own body shape. By tying scarves around her hips, waist and under her bust it became clear which area was the most flattering to her body shape and which was the area in need of disguise! She then gave some very helpful hints on what tends to suit certain types of body shape.



Many members volunteered to try on the bin bag and Mandy was able to help by enabling their understanding of body shape a little better, and how dressing accordingly can increase confidence in buying and wearing clothes. We learned that the ideal body shape is an hourglass because of its symmetry but then how to balance our actual shape to give the illusion of proportion. For instance, the areas of colour changes in clothes should be at the slimmest point and that the most flattering sleeve length is threequarters. Even necklaces and brooches should be used to either distract the eye away from an area or to help achieve the hourglass look.

We all left the meeting with a little more confidence and knowledge thanks to her informative and illuminating talk.

There are lots of events coming up in the next few months, including a walk on 1st April around Lavenham with a lunch at a local tearoom. In May there is a visit to Drinkstone Gardens with an afternoon tea. This is in addition to the Federation outings and regular Book Club, Canasta and iPad groups.

Being a member of the WI is always interesting, with plenty on offer to do, so if you would like to join us, please come along to our meetings which are held on the first Thursday of the month in the village hall

We look forward to meeting you!

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**COCKFIELD COMMUNITY CINEMA PRESENTS
RORY'S WAY (12A)**

Friday 24TH APRIL 2020

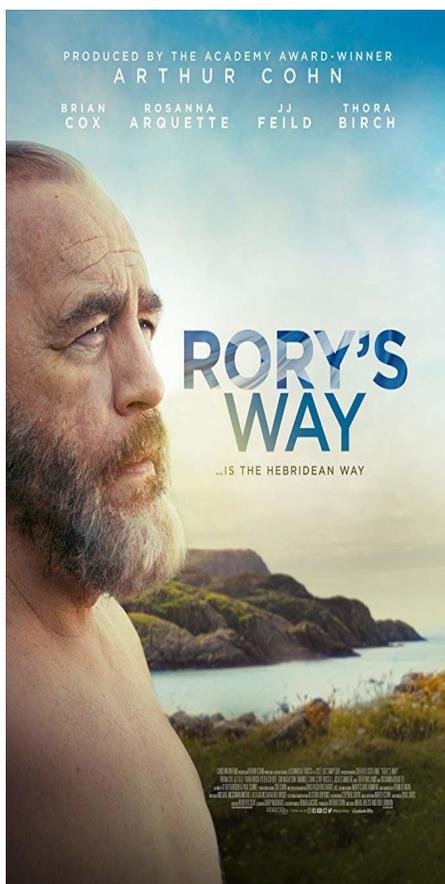
Cockfield Village Hall

Doors Open: 7pm – Film starts: 7:30pm

Tickets on the door

Adults: £4.50 / Under 16s: £3.00

Raffle, Refreshments & Licensed Bar available from 7pm



Rory's Way stars Brian Cox as Rory MacNeil, a rugged old Scotsman who reluctantly leaves his beloved isolated Hebridean island and travels to San Francisco to seek medical treatment. Moving in with his estranged son, Rory's life will be transformed, just when he expects it least, through a newly found love for his baby grandson.

MONTHLY SCREENINGS

**4TH FRIDAY OF THE MONTH
FOR FUTURE SCREENINGS**

VISIT: www.cockfield.org.uk



Cockfield Community Council News April 2020

The Trustees of the Community Council take pride in being able to arrange regular fundraising elements for the village which so many people enjoy. However we do not operate in a bubble and at the time of writing (mid March) the country has moved into the delay phase of Coronavirus, with changes in events seeming to happen daily. At this point the Community Council have cancelled or postponed two events, we are absolutely mindful of the situation and will, as a minimum, follow any government guidelines for small scale events should any be issued that are in any way relevant - therefore sadly other events are also likely to be cancelled or postponed.

PLEASE CHECK ON THE VILLAGE WEBSITE www.cockfield.org.uk for updates

The Dance on Saturday 4th April in memory of Paul Brinkley, who did so much for the village over a number of decades. Has been cancelled.

On Saturday 11th April (Easter) weather permitting, we have our ever popular **Duck Race** at Earls Meadow (hopefully this year the water will be fast and furious.)

On Saturday 18th April we have a **Hedgehog Awareness** Event at the Village Hall. Entry is free from 10.30am running up to about 1pm. Present in the village hall will be Paula Baker, co-founder of Suffolk Prickles Hedgehog Rescue, a non profit organisation manned by volunteers that care for injured hedgehogs. Advice will be given on the natural habitat for hedgehogs and what we can do in our own gardens to support hedgehogs in the wild. Refreshments also available.

The **April Cinema will be on Fri day 24th**, when we will be showing **Rory's Way**. Rory, a rugged Scotsman, reluctantly leaves his beloved Hebridean island and travels to San Francisco to seek medical treatment. Moving in with his estranged son, Rory sees his life transformed through a newly found bond with his grandson.

Tickets are £4.50 on the door, bar, teas, coffees, ice-creams and sweets all available.

Over the **Whit Bank Holiday in May (23, 24, 25th)** we will again be holding our popular **Art Show** in the Village Hall. Last year was very successful and at this very early stage we already have more than 20 artists signed up.

We now of course have the new and much larger cinema screen and speaker system in place, which has been very well received in our cinema showings since the start of the year. The new system brings additional flexibility to what we can do, including live screenings. A tentative date for your diary is **Saturday 13th June** when we are hoping to be able to show a special **live broadcast of 42nd Street**.

Waste Paper Collections continue on the last Sunday of the month, 26 April, as usual collections will begin at 9.00 am. Please leave your papers out for the collectors in a prominent position. Proceeds from the collections go towards the running costs of the Pavilion and are therefore very valuable to the Village.

Future dates for your diary from May onwards are:

Sat 23 – Mon 25 May, Art Show

Fri 29 May, Cinema

Sat 13 June, live screening 42nd Street

Sun 14 June, Sale Trail

Sat 20 June, Midsummer Walk (+ BBQ)

Fri 26 June, Cinema

Fri 24 July, Cinema

Fri 28 Aug, Cinema

Sun 6 Sept, Produce, Flower and Craft Show, (tentative, to be confirmed)

Fri 25 Sept, Cinema

Sat 3 or 17 Oct, Barn Dance (tentative, to be confirmed)

Report Ian Levett

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'Spring in the Air' and a 'Spring in your Step'.

Nature calls and with our crazy weather the timing of the arrival of spring is an ever changing event. As I write this article (end of February), this winter has been wet, windy and milder than the norm. Spring flowers that adorn our countryside should become visible during March to April but then again a period of frost, snow and dry weather may delay nature's arrival.

I would like to share a regular walk that we regularly undertake, especially in the Spring as there is so much to see and appreciate.

Guide for the Walk (allow 2 hours, approx 4 miles).

If wet, sturdy footwear is recommended.

The map shows numbered points for navigational assistance.

1. Start - Village Hall car park

2. Proceed down to War Memorial, turn right (care when crossing road as it is slightly on a blind bend and vehicles do sometimes speed by) and immediately left onto Perrydown Lane (admire the old large Oak halfway down on the right).

3. As the road starts to bend, take a right onto the footpath that leads to the old railway line (passing an ash the an oak on the right). It is here that we have seen 2 Barn Owls hunting for small mammals in the long meadow grass, usually at dusk.

Join and continue along the old railway line (there are patches of



dog violets before the bridge over the river and celandine beside the path) or walk through Earls Meadow until

4. Exit meadow (if that was your option) and walk under the road bridge following railway line to

5. A cross-roads of footpaths. Right takes you through a metal gate into a meadow but you should turn left up a small slope and beside fields to both sides. The last field on the left before the road has been set with linseed



(should be a glorious lavender colour when on flower later on in the summer).

6. Exit footpath and turn right back onto Perrydown Lane and after a very short walk turn left at

7. Enter Bullswood Lane. Follow the lane as far as the tarmac allows and keep an eye out for Yellowhammers along the way. Their song sounds like 'a little piece of bread and no cheeeese'.

8. Road becomes a track as you bend left, follow this track and take care and follow pathway signs to the left around the back of a prefab building. The path follows an old ditch, under a canopy of trees and bushes and continues in a fairly straight line to the entrance of Bulls Wood.



9. Once in Bulls Wood you can use any of the glades and attempt to see (if out in flower) the numerous wild spring flowers. There should be an abundance of celandine, wood anemone, some oxslips and wood sorrel (harder to find as it is less common but usually found at the base of trees). As there should be limited leaf cover on the trees it is an ideal time to see and hear the Chiffchaff. Also look out for the Tree Creeper, Woodpeckers, Tits, Robin, Wren and Nuthatch.





9A. Exit wood on the Northern side (you will see the latest area where coppicing has taken place over this winter). Turn left once out of the wood and follow its boundary to the end.

10. Meeting a footpath at a T junction, turn right. Follow a ditch on your right, take care going over a ditch then follow a hedge line on your right and walk alongside two small separate fields on your left.

11. Here the footpath splits, turn left heading towards Colchester Green hamlet. Here you join a track bending to the right then almost immediately left and the track becomes a road, this is Birds Lane, follow this to the T Junction where it meets Chapel Road.

12. Turn left into Chapel Road and very soon

13. Take the RUPP (Bridleway/footpath) to the right just after the horse paddocks and beside the bungalow. The track turns into a footpath that is well used and in wet weather can be slippery. Take care.

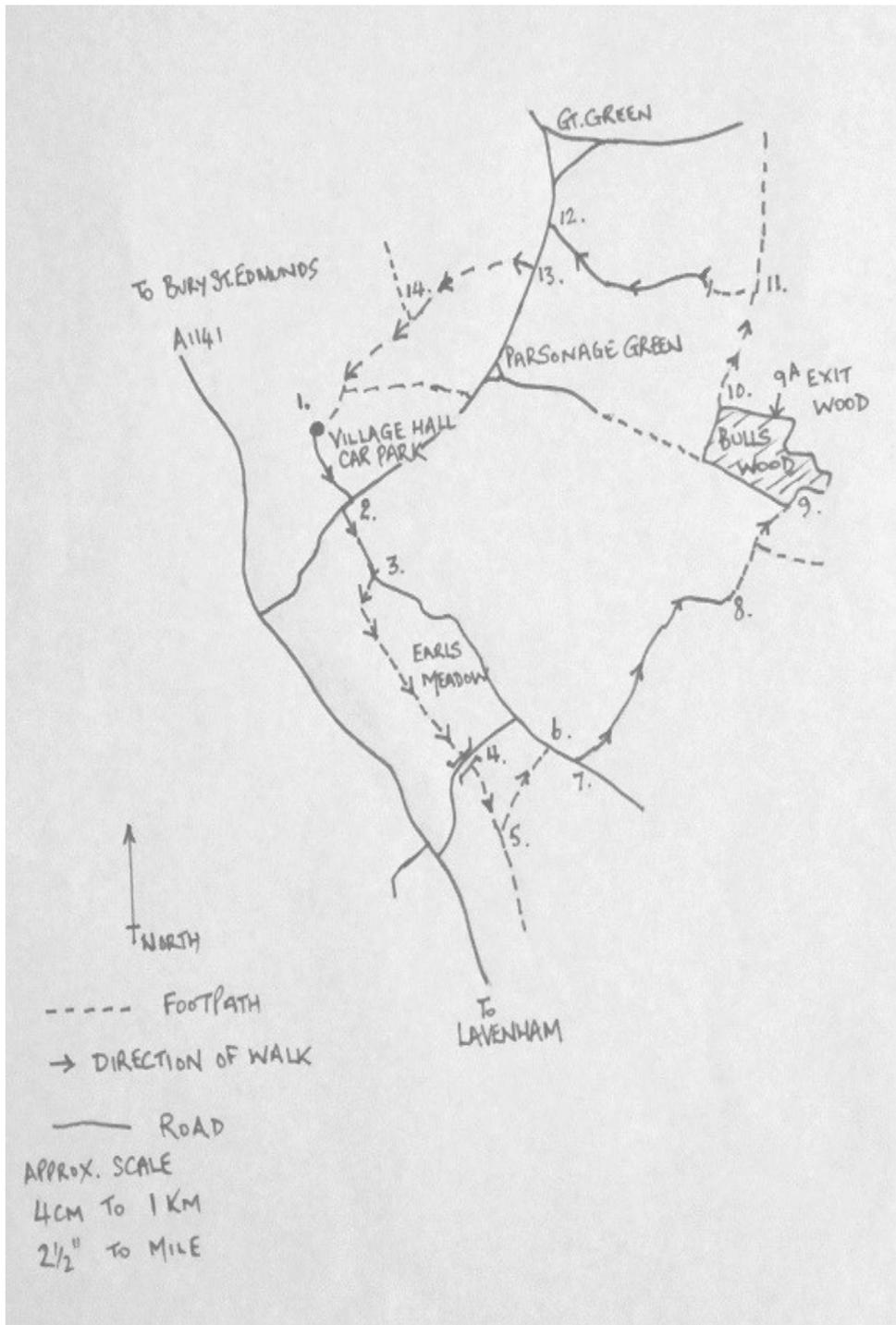
14. Continue over the footbridge and head in the direction of the Church along a wide grass track that finally bends to the left and down a dip, through a hedge and onto a new path where you turn right and return to the Village Hall Car Park that is ahead of you to the left.

Enjoy your walk, take care in wet conditions, look out for low branches, take any litter home and if walking a dog (it definitely must be on a lead in Bulls Wood as ground nesting birds, squirrels, hares, rabbits and deer can all be disturbed by over eager canines). Thank you.

Paul Heather

A map of the walk is on the next page





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Housing Development at Mackenzie Place, Cockfield

INFORMATION EVENT

Tuesday 7th April 3-7pm

Cockfield Village Hall

With the construction of the first new homes underway, we would like to invite you to an information event to find out more about the new homes.

The event will provide the opportunity for you to talk to representatives from Orwell Housing Association, Suffolk County Council and Babergh District Council about the details of the three housing types in the first phase of the development...

- Affordable Rent
- Shared Ownership
- Self Build Plots

...and how you go about applying to be considered.

We hope to see you there.

If you're not able to come along but would still like some information, please contact Sandra Scott, Orwell Housing Association on 01473 228642 or by email at Sandra.Scott@orwell-housing.co.uk

Land at Mackenzie Place Development

The Parish Council is delighted to see the progress being carried out on the development of the land adjoining Mackenzie Place.



These are very exciting times for Cockfield and there are real prospects for local residents who wish to take the opportunity to apply for one of the eighteen Local Need homes.

These consist of twelve for rent and six shared equity. There will also be a number of Self Build plots, three Mid Suffolk/ Babergh bungalows and seven open market houses to be constructed in the Summer. This will complete Phase One of the development.





We would urge all interested parties to attend a “Village Information Event” to be held in the village hall scheduled for 7th April 3pm-7pm., where explanations and advice about the opportunities available will be given. *(Please note any alteration to these arrangements will be published on the Cockfield Village Website www.cockfield.org.uk).*



SEH French are the approved construction contractors for the project and we are working closely with Orwell Housing to minimize any impact on local residents whilst the construction process takes place.

Having had discussions with Orwell Housing on details of the development, suggestions for names were proposed. The Parish Council wished to have a local connection for the site and it was agreed to name the site “Jeffreys Green’ after a mid-nineteenth century Rector named Jeffreys who was involved and responsible for the introduction of the railway station in the village and also in the construction of the village school in 1856.



The Parish Council meanwhile have secured the meadow adjacent to the disused railway line across the river from the development and intend to create an additional Village Green to add to the existing eight Greens. This will be known as ‘Jeffreys Green’ and it will add historical significance to the area.



Cllr. Robin Morley
Cockfield Parish Council



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Opt-in deadline

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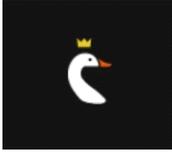
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IN GOOD HEALTH

In late December 2019 China reported an outbreak of pneumonia due to an unknown virus in Wuhan City, Hubei Province, China. Now identified as a coronavirus, this variant had not previously been known in humans.

Coronavirus Q&A

What is a coronavirus?

Coronaviruses are a large family of viruses found in both animals and humans. They are characterised by protein spikes on their outer surface which give an appearance of a corona or crown.

How many types of Coronavirus are there?
Human coronaviruses were first identified in the 1960's.

They can cause a spectrum of diseases ranging from the common cold to severe pneumonia.

There are some types of coronavirus that can cause severe diseases and include SARS COV (Severe Acute Respiratory Syndrome coronavirus) which first emerged in China in 2003 and MERS COV (Middle East Respiratory Syndrome coronavirus), which was identified in Saudi Arabia in 2012. Now, as from December 2019 we have SARS -2 which leads to coronavirus disease-COVID-19

What is the origin of coronaviruses?

It is known that coronaviruses circulate in a range of animals. Sometimes these viruses can make the jump from animal to humans, possibly due to genetic mutations in the virus or because of increased contact between humans and animals. It is known that camels are the animal reservoir for MERS-COV and civet cats for SARS-COV.

The reservoir for COVID-19 is not yet known.

How is it transmitted?

The exact dynamics of transmission is yet to be determined, but generally, respiratory viruses transmit through droplet infection from coughs and sneezes and from touching contaminated surfaces. Currently it is unknown how far the infected droplets can travel in the air after coughing and sneezing. Preliminary information (WHO) suggests the virus is viable for several hours on surfaces.

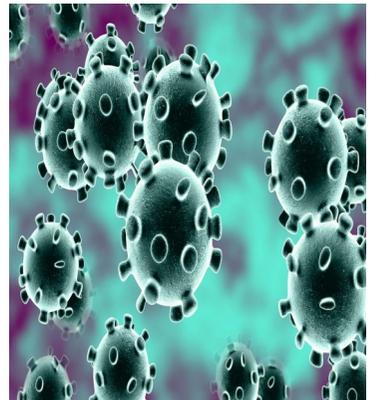
Can I catch COVID-19 from pets?

At present there is no evidence that pets such as cats or dogs have been infected or have spread COVID-19

How Dangerous is it?

COVID -19 can produce mild symptoms including a runny nose, sore throat, cough and fever. It can be more severe for some persons and can lead to breathing difficulties or pneumonia. More rarely, the disease can be fatal. Older people and people with pre-existing medical conditions appear to be more vulnerable to becoming severely ill.

Significantly though, it appears that people can transmit the virus even before they begin to show symptoms.



Actions to help keep healthy

Will taking vitamins help?

Vitamin C

This vitamin has antioxidant properties and supports the immune response including mobilisation of neutrophils to the site of infection so may be of some use, but will not ward off coronavirus. You should be able to get all the vitamin C you need by eating a varied and balanced diet including a wide variety of fruit and vegetables.



Vitamin D

Recent newspaper articles suggest that researchers believe that Vitamin D is useful in maintain the immune system. However, this research was a laboratory study so of limited use in determining if indeed this is true. Further testing is required to establish the true facts. However, as with other vitamins, it is clearly important to have sufficient to maintain a healthy body. See January and February's Green Links for further information on Vitamin D and C supplementation and considerations

What about exercising?

Recent research suggests has stated that there is some evidence that moderate exercise can strengthen the immune system. This cross-sectional study investigated the relationship between the frequency and severity of cold symptoms and self-reported levels of exercise and fitness. On its own, this type of study cannot prove that one thing causes another, but can only demonstrate an association.

However, the benefits of exercising are well known and benefit the whole body and also make us feel good, which in these difficult times is very necessary indeed.

General advice for limiting the spread of all viruses

- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately
- wash your hands with soap and water often – use hand sanitiser gel if soap and water are not available
- try to avoid close contact with people who are unwell

Try not to touch your eyes, nose or mouth if your hands are not clean

If you suspect that you may have COVID-19 do not go to a GP surgery, pharmacy or hospital.

Call **111** if you feel your condition is worsening, stay indoors and avoid close contact with other people

The situation regarding COVID-19 is rapidly changing , with updates being provided daily from WHO and the NHS. The advice therefore, may have changed by the time this goes to print so please check for current information on:-

www.nhs.uk/conditions/coronavirus-covid-19

www.gov.uk/guidance/wuhan-novel-coronavirus-information-for-the-public

www.who.int/emergencies/diseases/novel-coronavirus-2019/situation-reports (This site is updated daily)

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Dear Green Link readers,

This half term we have enjoyed an Environment Day.

We started the day making eco bricks, which involves reusing empty plastic bottles and filling them with materials that cannot be recycled, like crisp packets. It took a long while and a lot of rubbish. This will be a project for us over time and we hope to make something with our eco bricks.

In Birch class the children looked at pollution in our seas and oceans. Fascinating but depressing facts included -150 bottles litter each mile of our UK beaches. Every day approx' 8 million pieces of plastic pollution find their way into our oceans. Ninety percent of sea birds eat plastic! Birch also tested us with a true or false quiz.

By 2050 oceans could contain more plastic than fish. True.

Around half the oxygen we breathe comes from oceans. True.

It can take a fishing line 300 years to degrade in the ocean. False. It takes 600 years!

In Willow Class the focus was on looking after our world by not wasting energy by turning on lights and driving everywhere when we don't need to. We must get better at Recycling paper and switch off lights. Willow class learned about climate change and how we produce Co2 by using aeroplanes and cars etc, which pollute our world and cause climate change.

Oak learned about the different parts of the rainforest such as the forest floor, canopy, the understory and the emergent layer. We are chopping down and destroying the emergent layer. Farms and crops are there instead. This results in a loss of oxygen and animals losing their homes. Some tribes have to move their homes. In the supermarket we can look for the green rainforest alliance frog, which means the goods are produced in a sustainable way and you will find the stickers on food labels such as fruit, coffee and chocolate.

Lime class, the youngest children, started with the question, what is the environment? The world. How we can look after it? Leave the trees where they are. Choose loose fruit and veg and not wrapped in plastic. Turn electric off when you are not using it. Turn off the tap when you are brushing your teeth. Made some posters to encourage everyone to recycle. Made a pen and battery station for people to recycle in school. The children also made your own compost, collected waste from our garden, plants and newspapers. A very valuable day, Alexa said it was brilliant!

Kind regards,
Mrs Harkin



Dear Friends,

The C word has displaced all other news at the moment - by that I mean the Coronavirus of course. As I write this it is difficult to envisage a time in the future when the crisis has passed, and life is back to what we would consider to be normal! The virus has realised our worst fears - as yet there is not a vaccine, and we cannot stop it from spreading. Despite all our technology and our sophistication it crosses all barriers, and has brought nations to a complete standstill.

In the Church we have been following the guidance that is being issued regarding the virus, quite sensible advice some of which we should always follow to stop the spread of any disease. But at this stage it's difficult to say whether we shall be cancelling services in the near future. Whether we cancel services or not, we shall continue to seek to meet the needs of those in our community who are feeling vulnerable - the elderly, the lonely, the housebound - or anyone really. If you know of someone that needs a visit, or a phone call, or some shopping then please let me know, we would like to help.

This month we shall be celebrating Easter, a time when we remember what Jesus went through to give us life, life in all its fullness. I am very much looking forward to this time of celebration, and hope that we will be able to do this in our Churches across the benefice.

Some of you may know that I was planning to take a sabbatical from Easter Monday through to the beginning of July, but in view of the situation with the virus I have decided to postpone to another year. The silver lining to the cloud is that I have an empty diary for three months! Time to catch up on all those tasks that I hadn't quite got around to completing. I shall also be praying - for an end to the virus, and for all those who have been affected by it. I hope that you will enjoy the Easter break, and that you will stay safe and virus free.

Yours in Christ,

Revd Sharon

revsharon@btinternet.com

Cockfield Benefice Services – April 2020

Sunday 5 April Palm Sunday	Walk of witness from Felsham to Gedding starting at 9.30am followed by communion at 10am in Gedding Church	Gedding
Monday 6 April	7pm Compline & homily	Bradfield St Clare
Tuesday 7 April	7pm Compline & homily	Bradfield St Clare
Wednesday 8 April	7pm Compline & homily	Bradfield St Clare
Thursday 9 April Maundy Thursday	7pm Agape Supper	Bradfield St George Village Hall
Friday 10 April Good Friday	2pm Meditations on the Cross	Bradfield St Clare
Sunday 12 April Easter Sunday	10am Communion BCP	Gedding
	10am Communion	Cockfield
Sunday 19 April Easter 2	8am Said Communion BCP	Cockfield
	9.30am Family Service	Felsham
Sunday 26 April Easter 3	9.30am Morning Prayer BCP	Gedding
	9.30am Worshipping Together	Bradfield St George
	11am Communion	Cockfield

A service of Celtic Morning Prayer is held every Tuesday at Cockfield at 9am

A service of Celtic Evening Prayer is held every Thursday
at Bradfield St Clare at 5pm

All are welcome – these services are approximately 15 minutes in duration.

Please note these services may be subject to change – for up-to-date service times see the benefice website at www.cockfieldbenefice.com

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**The Next Community
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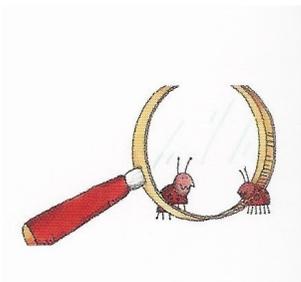
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Computer Corner

1. Passwords

From the evidence of my occasional house calls, this is a subject I need to return to from time to time! What is your email password? Do you know? In most cases, your password for services such as email is stored, so you don't need to re-enter it each time you open your email system. BUT. Sometimes you do need to know that password – if for example your email program has to be restored, or if your service provider occasionally requires you to change or confirm your password, or you need to access your email from a different device where your email is not set up. Usually you can simply click the 'forgotten password' link and follow the procedure. But sometimes you have to enter additional security details which were established along with the original set up of your account. I often find that people don't know these questions, or passwords are written in a notebook or a diary with loads of crossings out and a challenge to find which password refers to which service!

So do take care when recording your passwords. In my view there is nothing wrong with writing them in a notebook which you can hide away. This is far more preferable than using the same 1 or 2 easily memorised passwords for everything. When recording such information, make sure you clearly note which password refers to which service or website and do use different *strong* passwords for different services.

2. Webmail

Even if you use an email program, such as Windows Mail, Thunderbird or Outlook to access your emails, it's a good idea to know how to access your email via webmail. Webmail is the website which allows you to log in and access your mail via your internet browser. All email providers have a webmail interface. So if you are having difficulty logging in via your regular app or program, by attempting to log in via your webmail interface you can figure out whether there is a problem with the sync between the email provider and your email program, or the email service itself is experiencing a problem. This capability is also useful if you need to access your email from a different computer. All you need is a web browser and internet access and you can get your mail. If you don't know the web address of your email webmail, just enter "<your email service provider> log in" into Google. You will need to know your password!

Neil Ashton

computer.circle@cockfield.org.uk

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Announcements

Lavenham Tennis Club

We will be holding an Open Day on 18th April from 12-4pm. All ages and abilities welcome. Come along and have some fun--all equipment supplied but suitable footwear needed. Check out our website for more details www.clubspark.lta.org.uk/LavenhamLawnTennisClub
under News

Thorpe Morieux Village History Exhibition

Saturday 25th - Sunday 26th April 10am-4pm
Village Hall Free Entry

Thorpe Morieux Village Hall Committee and St Mary's Church invite you to learn more about our village history. There will be photos and maps from our village historian John Squirrel's extensive archive. He will be available on Saturday to impart his encyclopaedic knowledge of the village. There will be our traditional refreshments available too.

Do you have an announcement you would like included here?
There is no charge for any announcements
Please contact the Editor Janne Cutting-Keyton on
01284 828264 or janne@twerbs.co.uk

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What's On In and Out of the Village

in April 2020

- 1st Congregational Church Coffee - page 18
- 2nd WI- page 23
- 2nd Cockfield Stitchers meeting
- 7th Housing Information Event - page 34
- 8th VE75 - page 4
- 8th Mobile Library Visit Windsor Green
- 11th Duck Race - pages 12 & 26
- 15th Green Links Copy Deadline - page 2
- 16th Cockfield Stitchers meeting
- 16th Annual Parish Meeting - page 11
- 18 Hedgehog Awareness Event - pages 14, 15 & 27
- 23rd Cockfield Village Coffee - page 39
- 25th St Peters Coffee Morning - page 16
- 24th Cockfield Community Cinema page 25 & 26
- 25/26th Thorpe Mx Village History event - page 55
- 26th Waste Paper Collection - pages 27 & 51
- 30th Parish Council Meeting - page 10

There is no 3rd Friday this month - page 44
There is no Mobile Library Visit to the Post Office

and in May

23/24/25th 6th Annual Cockfield Art Show

Full details of the events along with contact details can be found on the relevant pages as noted.

For events without adverts just a contact phone number is given.

Please check for any last minute information about these events at www.cockfield.org.uk



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Friday 10th – Monday 13th

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Friday 24th 80's Disco. 8pm

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Congregational Church Corner

Jesse Ventura the famous American wrestler observed: "God has a plan and a destiny for every believer and I challenge you to follow yours because it is the most important thing in life for all of us who believe."

In the Bible we see that Esther had a destiny to fulfil and in doing so was instrumental in saving her people from genocide at the hands of Haman, an evil man who plotted to annihilate them all. Mordecai, her father, overheard the plot and told Esther to go to the king and plead for her people. She was reluctant to do so because by violating royal protocol in this way she would have been risking her life; but Mordecai encouraged her by saying: "Who knows if you have not come into the kingdom for such a time as this?" Mordecai was telling Esther that she had a destiny to fulfil. She did and by fulfilling it she saved her people.

There are many other servants of God who have fulfilled their destinies but as we celebrate Easter this month we remember that there is one above all others who had a supreme and unique destiny and that was Jesus who, when before Pilate at His mock trial, said: "To this end I was born and for this end came I into the world" (John 18:37). Jesus was saying here that He had a destiny to fulfil and despite the cost to Himself, He was going to see it through to the end.

What happened to Jesus was not happenstance but the culmination of a divine plan drawn up from the foundation of the world (Revelation 13:8) and designed so that by His death and resurrection all those who trust in Him will be saved (John 12:32). There was a plan and purpose to it all (Acts 2: 23) that was designed so that mankind, who rejected God at the dawn of history, (Genesis 3:24) should be reconciled to Him (Ephesians 2:13). And if Jesus had not fulfilled His destiny then we would have no cause to celebrate Easter at all as we would have been lost for time and eternity.

The Bible tells us that our destiny is to become: "His workmanship, created in Christ Jesus unto good works, which God hath foreordained that we should walk in them." (Ephesians 2:10). And if we fulfil this then not only will we enjoy a lifetime of satisfaction but we shall receive from Him the commendation of: "Well done thou good and faithful servant" (Matthew 25:23).

Bill Attwood

Church service times:

Sunday morning service 10.30 am.

Prayer Meeting Tuesdays at 10.30 am everyone welcome.

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