

# Green Links

August 2023

The Monthly Village Magazine of Cockfield

**COCKFIELD UNITED F.C.**

**INVITES YOU TO**

## **THE 2023 BILLY BUCKLE CUP**

**05/08/23**

**RAISING FUNDS FOR THE CLUB &  
ST. NICHOLAS HOSPICE**

**WHERE: THE PAVILION | GREAT GREEN | COCKFIELD | IP30 0HQ**

**YOUTH FRIENDLY | 11:30**

**BILLYBUCKLE CUP | 13:30 - 16:30**

**VETSIBITION SHIELD | 17:30**

**BOUNCY CASTLE +  
OTHER STALLS**



**LICENSED BAR,  
BBQ & RAFFLE**

**FRIENDS & FAMILY WELCOME SO  
COME ALONG & ENJOY TO RAISE  
FUNDS FOR A GREAT CAUSE!**

**CARD & CASH PAYMENTS ACCEPTED**

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# Green Links Copy Deadline!

Please note all copy for the September issue must be  
with me by 15th August please

Janne Cutting-Keyton, Newholme, Smithwood Green,  
Cockfield. IP30 0JQ  
01284 828264 or [janne@twerbs.co.uk](mailto:janne@twerbs.co.uk)

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Please spread the  
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super village hall,  
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To place an advertisement in Green Links  
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Sue Harrison at  
[sue.harrison42@gmail.com](mailto:sue.harrison42@gmail.com)

# Green Links



The Monthly Village Magazine of Cockfield  
Edition 4- No 195 August 2023

Chairman and Distribution  
Editor  
Secretary  
Advertising Manager

David Simpson  
Janne Cutting-Keyton  
Morag Kelly  
Sue Harrison

We are so lucky to be living in such a beautiful part of the country, Kathryn's picture on the back cover was taken while on a walk on the airfield, I think there are times we just don't see the beauty that surrounds our everyday lives, maybe we could all take a few moments to actually look at what we can see and appreciate its loveliness.

Harvest will be starting soon and our landscape will be changing, it really does not seem a year ago I asked everyone to be forgiving of the large tractors and farm machinery which will be more evident on our roads during harvest, to realise that a year has passed is quite shocking.

Seasons are a good meter of time, although with Global Warming some months don't quite know which season they should be in, seasons have always played a huge part in farming life even if harvest seems to have strayed a little into summer.

Seasons change with the scenery so before summer fades lets enjoy August and be thankful for the harvests bounty.

Janne

[www.cockfield.org.uk](http://www.cockfield.org.uk)

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# Bazaar Sale



**Saturday 9th  
September  
10.00 - 1.00pm**

**REFRESHMENTS AVAILABLE**

**Come and join us in cockfield Village Hall IP300LA**

Bric A Brac, Books, Plants, Haberdashery, Ladies Clothing

Men's Clothing, Records, Crafts, Clothing accessories,

New Beauty Products, Jewellery, Shoes, Children's toys and

games and many more.



# The Cockfield Village Shop and Post Office

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The time has come...at the end of October 2023 Ralph and Barbara are embarking on a well-earned retirement.

To ensure that we do not lose this essential aspect of our village, The Cockfield Village Group are spearheading a plan to run the shop as a community shop. This has been done successfully in Rattlesden and more recently in Felsham and we are confident Cockfield will be as successful. As with any Community project, what we are going to need in abundance is VOLUNTEERS!!

**Particularly urgent is person/s who are willing to learn how to operate the Post Office. It is highly unlikely that we will be able to offer the present hours but it would be a great shame if we had to close the Post Office service. If you think this might be of interest to you, either talk to Barbara or ring Sarah for more details.**

Even the smallest time commitment is of huge value and will be very much appreciated by all in the village.

If you are prepared to put in some time behind the counter or have other skills to offer please fill in a form with the details.

Ralph and Barbara are, very generously, allowing us to operate from the present premises until such time as we can secure alternative premises. So apart from Ralph and Barbara's cheery faces you will hardly notice the change.

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**Do not underestimate your ability to be useful! You will receive training /guidance for any job you take on**

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*Please scan this QR code to access the volunteer application e-form*



**The e-form can be accessed on-line at [bit.ly/cockfieldshop](http://bit.ly/cockfieldshop) Paper copies of the form will be available at the post office or you can ring Sarah on 01284 828 785**

# Billy Buckle Cup 2023

Saturday 5th August

Cockfield United Football Club would like to invite you to join us for our annual fundraising event on Great Green on Saturday 5th August. Please see the poster for details. It all gets going at 11.30. We hope to see you there!  
Jeremy Gardner

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**BOUNCY CASTLE +  
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**LIVE MUSIC  
WITH  
ROLLERCOASTER  
FROM 19:30**

**LICENSED BAR,  
BBQ & RAFFLE**

**FRIENDS & FAMILY WELCOME SO  
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**CARD & CASH PAYMENTS ACCEPTED**

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# Cockfield Carpet Bowls Club - New Players Welcome

Carpet bowls is a very sociable, friendly, gentle paced game that people of all ages and physical condition can play. It does take some skill (gained after practise) and the tactics involved are fascinating.

We play at the village hall, on a Monday night (although matches can be on other nights of the week too). We compete in both the Suffolk and Bury St Edmunds leagues, throughout the winter and have been reasonably successful last season, coming third in the leagues.

We are always looking out for new members to join us; it matters not whether you just wish to play socially, on a Monday evening or want to compete in our matches. So if you already play or would like to start please do come down and join us.

You can contact me at the details below so I can let you know more.

Go on, give it a try!

Chris Ford

Bowls@cockfield.org.uk



# Cockfield Parish Council



Minutes of the Extraordinary Meeting of the Parish Council held on 25 May 2023 at 7.00pm held in the Village Hall, Cockfield.

**Present:** Cllr Ian Levett, Chairman, Cllr Janne Cutting-Keyton, Cllr Dale Baber, Cllr Sarah Fletcher, Cllr Andy Golding, Cllr Nic Knight, Cllr Robin Morley & Cllr Ralph Turner.

**In Attendance:** The Clerk, S Ball.

**2023/042** **Apologies for Absence:** Suffolk County Cllr Robert Lindsay, District Cllr Margaret Maybury, District Cllr Paul Clover and Cllr Joe Brinkley.

**2023/043** **Declarations of Interest**  
None.

**2023/044** **Minutes of the Last Parish Council Meeting**  
It was proposed by Cllr Turner and seconded by Cllr Cutting-Keyton that the minutes of the Annual Parish Council Meeting, held on 11 May 2023, be signed as a true record. The proposal was carried.

**2023/045** **Public Participation Session:**  
None.

**2023/046** **Finance:**

**046.1: Payments:** It was proposed by Cllr Morley and seconded by Cllr Cutting-Keyton that the schedule of payments be approved. The proposal was carried. The 25 May 2023 schedule

## **046.2: Training for Cllrs**

It was proposed by Cllr Morley and seconded by Cllr Cutting-Keyton that the Parish Council authorise the expenditure for the following training modules for new and existing Cllrs:

**046.2.1: Tree Wardens Forum in Norfolk:** 2 No. Tickets at £15.00 each, Total £30.00.

**046.2.2: New Cllr Basics Training Module:** 3 No delegates at £60.00 each, Total £180.00

**046.2.3: Introduction to Planning (E-Training):** 3 No. delegates at £17.00 each. Total £51.00.



**046.2.4: Chairing & Leadership Modules:** Modules at £30.00 each. Total £90.00.

The Proposal was carried and the was Clerk requested to book the courses.

**2023/047 Financial Governance – AGAR:**

**047.1:** The review of the Parish Council's systems of internal control and in accordance with the Accounts & Audit Regulations 2015, was deferred until the 29<sup>th</sup> June meeting.

**047.2:** The approval of the AGAR Section 2 (Accounting Statements 2021/22) for Cockfield Parish Council was deferred until the 29<sup>th</sup> June meeting.

**2023/048 Neighbourhood CIL:**

**048.1:** It was proposed by Cllr Baber and seconded by Cllr Knight that the estimate from Anglian Water Services Ltd for £3,057.00 + £611.40 VAT, Total £3,668.40 to connect the water supply to the Glebe Land Allotments, provide a water meter and provide a SCC Road Closure and Traffic Management. The proposal was carried and the Clerk was requested to place the contract.

**048.2:** It was proposed by Cllr Baber and seconded by Cllr Knight that the estimate from Elvert Evans for £1,240.00 to provide a water supply in a trench from the Anglian Water Services Ltd connection to the Glebe Land Allotments and terminate with a Stand Pipe. The proposal was carried and the Clerk was requested to place the contract.

**048.3:** It was proposed by Cllr Baber and seconded by Cllr Knight that the estimate from Elvert Evans for £300.00 to construct 2 No. French Drains from the Glebe Land Allotments. The proposal was carried and the Clerk was requested to place the contract

**2023/049**

**Correspondence:**

**Letter** dated 2/05/23 (received 12/05/23) containing SDLT12 Notice from HM Revenue for a late submission of the LTR and demanding a penalty of £100. Clerk has submitted an Appeal against the penalty and enclosed a letter from our Solicitor.

**Email** dated 12/05/23 from Arthur J Gallagher, containing revised Insurance Renewal Quotation. Insurance Renewed.

**Letter** dated 12/05/23 from Barclays Business Team enclosing a Mandate Change Request Form. Signatures and personal details returned to the Bank.

**Email** dated 15/05/23 from 20s Plenty Team offering Webinars regarding the Campaign for 20mph speed limits in Suffolk. – circulated to Cllrs.

**Email** 15/05/23 from BMSDC Infrastructure Team enclosing CIL Bid Offer Letter for Bus Shelter. Clerk to submit claim to BMSDC.

**Email** 18/05/23 from District Cllr Maybury confirming that BMSDC Public Realm would be removing the rubbish deposited at the Old Stone Pit behind Crowbrook Place.

**2023/050**

**Matters to be brought to the attention of the Council either for information or for inclusion on the agenda of a future Ordinary Meeting:**

**June:** Review & adoption of Emergency Plan  
Community Led Planning update from Elizabeth Ling

**July:** Review amendments to Standing Orders & Financial Regulations  
Review of Clerk's Salary

**2023/051**

**Next Meeting:**

The next Ordinary Meeting of the Parish Council will be held on Thursday 27<sup>th</sup> July 2023 at 7.30pm in the Village Hall. Subsequent Ordinary Meetings of the Parish Council will be held in the Village Hall (Main Hall) on 21<sup>st</sup> September, 26<sup>th</sup> October and 30<sup>th</sup> November 2023, 25<sup>th</sup> January, 29<sup>th</sup> February & 28<sup>th</sup> March 2024.

**The meeting closed at 7.25 pm.**

The Parish Council may be contacted through the Clerk, Steve Ball by email at: [parish.council@cockfield.org.uk](mailto:parish.council@cockfield.org.uk) or 01284 828987 10am - 4pm please

Next Meetings - The next Ordinary Meetings of the Council will be held on Thursday 28th September 2023, and Thursday 26th October 2023, there is no ordinary meeting of the Council in August, at 7.30pm in Cockfield Village Hall

## Garden Tips for August 2023

### Flowers and Herbs

- Watch out for the dreaded scarlet lily beetles. Remove and dispatch any you see. Also check the under-side of leaves for the sticky brown larvae and remove.
- Keep on top of dead-heading to prolong perennial flowering season.
- Hardy Perennial geraniums such as 'Johnson's Blue' have finished blooming now, so cut them right to the ground and water to encourage them to put up a second flush of foliage as soon as possible.
- Once it has finished flowering trim back your lavender (avoid cutting into old wood) this will keep the plant in good shape.
- Stake/support late-flowering perennials such as Asters, Echinacea and Rudbeckias.
- Cut back both bronze and green-leaved fennel. If left it will self-seed and soon take over.
- Sweet peas - If you don't want the house full of pollen beetle then place your vase of freshly picked Sweet Peas in a dark place for a few hours before bringing inside.
- Collect ripe seed heads on a dry day from plants such as Opium Poppies (grey leaved) and other flowers such as Aquilegia and Nigella (Love-in-the-mist) I am currently drying out my Opium poppy heads in my greenhouse. Once completely dried extract the seed by placing in a paper bag and shaking. Then decant the seed into paper envelopes and label accordingly.
- Plant autumn bulbs such as Colchicums and Nerines. Plant up pots of Paper White narcissus bulbs for a lovely indoor display at Christmas.



## Fruit and Vegetables

- Plant out your leeks and brassicas if you haven't already. You can also sow spinach and Chard in the first 2 weeks of August.
- Harvest sweetcorn and other vegetables such as aubergine, cucumbers, 2<sup>nd</sup> earlies, & main crop potatoes.



- Continue to feed tomato plants with tomato fertiliser. Remove lower leaves to increase air flow. Pinch out the top of tomato plants to concentrate the growth back into the fruit that has already formed.
- Water tomatoes frequently, morning and evening to prevent blossom end rot. This appears as brown or black spot on the fruit and grows in size and gradually becomes sunken and flat.
- Support plum trees. Make sure that particularly heavy-cropping varieties, such as 'Victoria', are firmly tied in to stakes. Support heavy branches with cleft sticks – when heavy with fruit, branches can snap.
- Check early apple varieties such as 'Discovery' and 'Katy'. Lift the fruit gently and if it comes off in your hand, these are ready to eat.
- Tidy up strawberry plants and remove any old straw from around the plants to increase air flow. This will help reduce the risk of pests and diseases.
- Summer fruiting raspberries – Cut back the fruited canes leaving the new green canes for next year's crop. Don't forget to tie in to supports.

## Trees, Shrubs and Climbers

- Prune rambling roses by removing one third of the stems which have flowered and then tie the remaining stems in to their supports.
- Remove suckers from roses and also from around the base of trees.
- Cut laurel hedges with secateurs rather than a hedge trimmer to avoid torn leaves which will turn brown and unsightly.
- Water camellias and rhododendrons thoroughly with rainwater this month to make sure next year's buds flower well.
- look out for symptoms of 'clematis wilt' – This will be evidenced by black discolouration on leaves and stems. Cut out all infected material and dispose of in household waste.
- Prune Wisteria by removing all whippy side-shoots from the main branch framework to about 20cm from their base (usually about 5 leaves from the main stem)



## Lawns

- Tackle stubborn lawn weeds by digging them out or using a proprietary lawn weedkiller.
- If your lawn is infested by ants, brush out the nests on a dry day. Always do this before mowing.



- Lawn growth tends to slow down in late summer so it's a good idea to raise the cutting height on your lawn mower.



## General Maintenance and Planning

- Turn the compost in your compost bins every month to keep it aerated and speed up the decomposition process.
- Give hedges a final trim before growth slows.
- In the greenhouse tidy up any dead leaves and flowers to reduce pests and diseases.
- If you're going away ask a neighbour or willing family member to pick your flowers, salad and veg to prevent everything running to seed in your absence.
- Take a note of how your borders are looking. I take photos of my garden every month so that I can refer back. This helps to check whether there are any gaps or congested areas? Also you can tell whether your plants are thriving in their current positions? Make a note of any proposed changes /additions to be actioned this autumn or next spring.

Happy Gardening, relax  
and enjoy all your  
hard work



Kate Ransom

# Cockfield W.I.

## Julys Meeting



Our meeting in July was well attended. Our speaker was Louise Chapman, a local Suffolk artist. Her talk was entitled 'The Tale of a Fortunate Woman'. She told us about her passion for painting and how she



achieved her childhood ambition to be a professional artist. She brought



examples of her bright contemporary abstract and semi abstract work and greetings cards. Her talk was very interesting and her enthusiasm was infectious and would encourage others to take up a brush or return

to painting. She works in oils on canvas and uses colour, pattern and unique design. She had an exhibition organised in July, but has not arranged any others for the rest of the year, as yet! If you would like further information, her email address is [lourosschap@gmail.com](mailto:lourosschap@gmail.com)

Our visit to Fullers Mill Garden at Bury St Edmunds on Friday 16th June was very enjoyable. It was a very hot afternoon so we all stopped for a time on seats and benches around the garden to cool down and to take in the views they afforded. The seating arranged for refreshments was ideally placed under the trees and we used it for some time! Very relaxing! A further date may be pencilled in for a few members to go to the garden, as some members couldn't make it on that date. It is interesting and worth a visit at different times of the year. It is a lovely, well established 7 acre garden. It was actually voted 2022 RHS Partner Garden of the Year for the Midlands and East of England. It sits between the pines of the King's Forest and the pools of Lackford Lakes (a nature reserve). 'An atmospheric woodland garden divided by the River Lark'.



Members also met for lunch at West Suffolk College in Bury St Edmunds just before the end of term. The students in the (Culinary Arts Academy) catering department have an opportunity to cook for and serve the public from a commercial kitchen as a part of their training during term time. The ladies thoroughly enjoyed their buffet lunch, which was very good and they are looking forward to another visit next term!



A visit to the Food Museum at Stowmarket was planned for September or early October, which has been put on hold for the time being. We will be busy organising our bazaar in September and the visit is perhaps more appropriate earlier in the year, possibly in the Spring.

The coffee morning we hold in the village hall each month is a great place to meet and have a chat! It is open to everyone and everyone is very welcome to share some lovely homemade cakes and biscuits, as well as tea and coffee. The next two Thursday coffee mornings are from 10.30 am until 12 noon and are on Thursday 24<sup>th</sup> August and Thursday 28<sup>th</sup> September, in the Village Hall Committee room. The monthly coffee mornings continue throughout the summer and indeed the year!

Our monthly Saturday lunches, after a break in the summer, will return in October. The lunch is available for a small contribution of £1, for the food! Teas and coffees are also available. Please come when the lunch dates return, we would love to see you then!

We would all really like to say welcome to you if you have recently moved into the village and would love to meet you. Visitors are always very welcome to WI meetings and if you would like to come along, haven't felt comfortable going out due to Covid or used to come to WI and would like to think about coming back, please contact Michelle Callinan at [WI@cockfield.org.uk](mailto:WI@cockfield.org.uk)  
Joan Ball

## **Cockfield Community Coffee** **4th Thursday of the month**

Hope to see you there



**Cockfield Village Hall - Committee Room**  
**10.30am - 12 noon**

**No Charge but donations are welcome Enquiries please email [wi@cockfield.org.uk](mailto:wi@cockfield.org.uk)**



## TIPS AND TRICKS

### Recipes for Ice Creams & Lollies – Summer is still here!!!!

It is worth making space in the freezer for some simple home- made ice cream and lollies. Perhaps invest in some lolly moulds supplied with sticks or use small used yogurt pots and just buy disposable lolly sticks. There is no need to invest in an ice cream maker!

### Real Vanilla Ice Cream

#### **Ingredients**

2 extra large eggs

4 extra large egg yolks (save the egg whites for meringue)

½ cup sugar + 2 tbsp sugar

¼ tsp salt

1 vanilla pod

1 cup thick double cream

1 tsp vanilla extract

#### **Instructions**

Start by setting up a ‘double boiler’ – a heatproof bowl set over a pot with an inch of simmering water. Also prepare an ice bath that the bowl can be set in later. Place the eggs, egg yolks, ½ cup sugar and salt into the bowl. Split the vanilla pod down the middle and scrape out the seeds. Add seeds and pod to the bowl. Cook for about 10 minutes, whisking frequently so the egg doesn’t scramble & until the mixture reaches 180 degrees F using a thermometer. Immediately remove the custard and place it in the ice bath to cool. (Remove the vanilla pod).\*

\*If you do scramble some of the eggs, don’t worry. Just strain the custard through a fine mesh sieve after it’s reached 160 degrees F and beat air back into it with a hand mixer.

In a medium bowl using a mixer, whip the cream until a little frothy. Add in the 2 tbsp sugar and 1 tsp vanilla extract and whip to soft peaks. Remove the egg custard from the ice bath & add a 1/3 of the whipped cream to lighten it. Fold in the rest of the cream & pour into a container. Place plastic wrap directly on the surface of the custard, so a skin doesn’t form. Freeze immediately for 4-6 hours, depending on your freezer.

Enjoy!!!



## Lemon Sorbet

A possibility without an ice cream maker by regularly whisking the frozen sorbet every 40 minutes until it is completely frozen!

### **Ingredients**

225g caster sugar

6 un-waxed lemons

### **Instructions**

Tip the caster sugar into a saucepan and add 250ml water. Bring slowly to the boil, stirring to dissolve the sugar. Boil for 2minutes and remove from heat.

Finely grate the zest from 3 lemons and add to the sugar syrup. Cut all of the lemons in half and squeeze the juice (about 225ml/8fl oz of juice). Add to the syrup, stir well and leave to cool.

Cover and chill the lemon syrup for at least 2hours until thoroughly cold.

Pour the mixture into a plastic freezer box, cover with a lid and freeze for 1 hour. Remove from the freezer and whisk the half frozen sorbet to break up the ice crystals and return to the freezer for a further 40minutes.

Continue whisking the sorbet mixture every 30-40minutes, until it is completely frozen.

If you are not using an ice cream maker you might find the ice crystals are a little large. A smoother texture can be achieved by scooping the sorbet into a food processor and whizzing for 20 seconds until smooth and then return to the freezer.

## Homemade Ice Lollies

They are a cheap and a healthier alternative to shop bought (after a little initial outlay for moulds, if required and sticks). Moulds are easily available & often entirely re-useable. They are often available in bigger supermarkets and even in pound shops as are the wooden sticks.

Fruit Juice Lollies – apple & blackcurrant cordial (optional), orange cordial (optional), fresh fruit juice (apple, orange ....whatever you like – optional) Add water or lemonade. (see below)

Yogurt Lollies- any flavour yogurt or fromage frais (all optional)

For fruit juice lollies use either cordial or fresh fruit juice, which needs to be diluted to about half and half with water (or lemonade for a treat) – fill ice lolly moulds and freeze.

For yogurt lollies use your favourite flavour of yogurt or fromage frais mixed with a little milk – fill ice lolly moulds and freeze.



## Variations

For 2 coloured lollies try half filling the moulds, let them freeze and then add something else before returning them to the freezer.

Cut a banana in half widthways and push a lolly stick into the cut end of each half, spread with peanut butter or chocolate spread, wrap in greaseproof paper and freeze. Blend bananas with a small amount of honey and milk. Angel Delight lollies taste just like 'mini-milks'. A few favourite sprinkles would be good and fun to involve the children!

## Strawberry & Prosecco Ice Lollies (for the grown-ups)

### **Ingredients**

400g ripe strawberries, stalks removed  
2 tbsp caster sugar  
4 tsp elderflower cordial  
2 tsp lemon juice  
200ml prosecco, chilled  
7g tub freeze-dried strawberries (optional)

### **Instructions**

Whizz the strawberries in a food processor with the caster sugar, elderflower and lemon juice.

Pass through a sieve into a jug and stir in the prosecco. Pour into the lolly moulds leaving a ½ cm gap at the top to allow for expansion. Sprinkle the freeze-dried strawberries over the base if using.

Freeze the lollies for 1 hour until solid enough to support a lolly stick. Push the lolly stick ¾ of the way into each lolly mould and freeze for another 6 hours+ until solid.

To serve, if the lolly doesn't come free easily, dip the mould in hot water for 10 seconds & try again. Note:

Alcoholic lollies melt quickly, so serve straight away! Have a napkin handy to catch the drips!

Homemade lollies are best eaten within 1 week!

ENJOY!

Joan Ball



FRIENDS OF COCKFIELD SCHOOL



A NIGHT AT THE RACES

**Saturday 21st October 2023**

**Cockfield Village Hall**

**Doors open 6.30 - Free Entry**

**First Race 7:15**

Tote Betting is Cash Only

50% of Tote to FOCSA & 50% to the Winning Horse Pot  
Licensed Cash and Card Bar & Snacks



For Race Sponsorship or Horse Ownership contact

**COCKFIELD COMMUNITY CINEMA PRESENTS  
THE FABELMANS (12A)**

**Friday 25<sup>th</sup> August**

Cockfield Village Hall, Church Lane, IP30 0LA

Doors Open: 7pm – Film starts: 7:30pm

Tickets on the door

Adults: £4.50 / Under 16s: £3.00

Raffle, Refreshments & Licensed Bar available from 7pm



Inspired by Steven Spielberg's own childhood, rediscover the magic of movies in The Fabelmans, a coming-of-age story about a young man uncovering a shattering family secret and the power of film and imagination to help us see the truth about ourselves and each other. With a star-studded cast featuring Michelle Williams, Paul Dano, Seth Rogen, Gabriel LaBelle and Judd Hirsch, The Fabelmans tells a timeless tale of heartbreak, healing, and hope for the dreamer inside all of us.

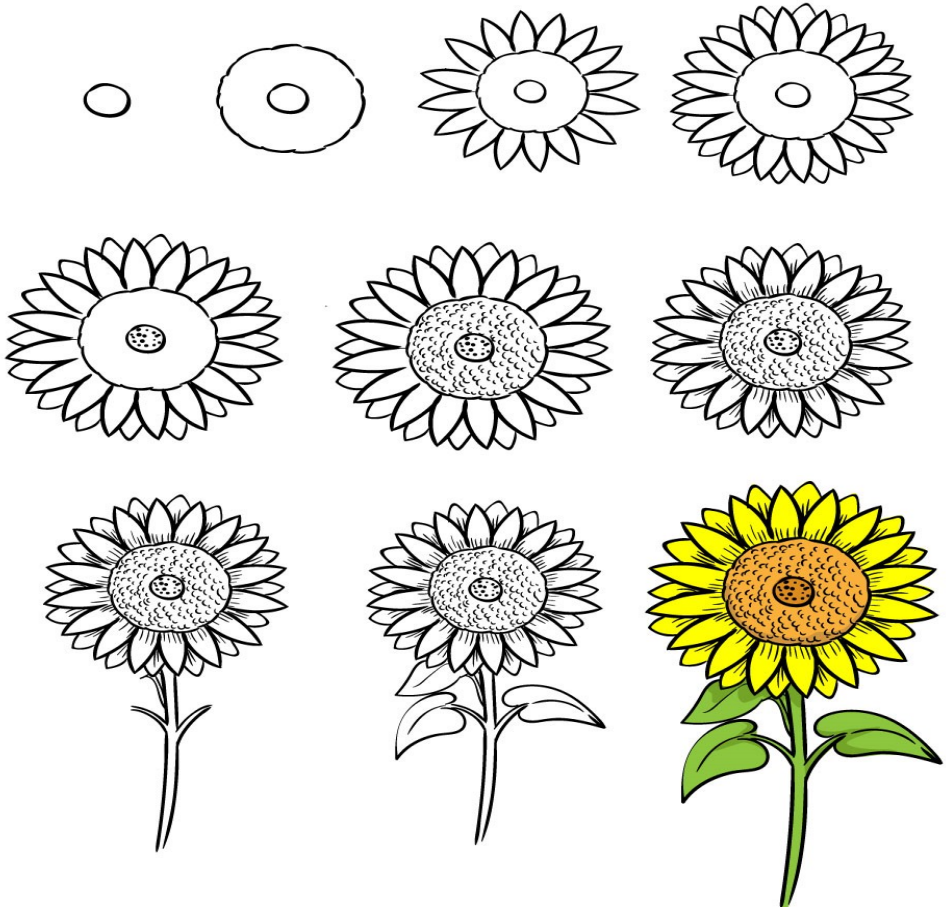
**MONTHLY SCREENINGS  
4<sup>TH</sup> FRIDAY OF THE MONTH  
FOR FUTURE SCREENINGS  
VISIT: [www.cockfield.org.uk](http://www.cockfield.org.uk)**

# Children's Page August 2023

How many words can you  
make out of the letters  
**Sunflowers**



Here is a step-by-step to  
draw a sunflower





Free photo Musical

## Windmill Reeds at St Peters

A free, late afternoon concert featuring clarinet, oboe and bassoon.

Traditional folk melodies and Classical.

St Peters Church, Cockfield.

Saturday 5 August 5.30 – 7.00pm

Wine and nibbles.  
Donations to St Peter's Church



# Suffolk in the front line once again - Part 1

On entering the peaceful village of Tuddenham along the Cavanham road it's unlikely that a passing motorist would think that there was once an RAF airfield to the north of the road with its full complement of Lancaster bombers dispersed around the perimeter. The pig pens, fields and the quarry and the asphalt plant have long since reclaimed the land where once were runways, taxiways, dispersal areas, hangars and so forth. It's probably even less likely that this passing motorist would be thinking of Intermediate Range Ballistic missiles (IRBM), but that fact is that between 1958 and 1963 RAF Tuddenham once housed three launch pads, each with a US built Thor IRBM missile with a range of 1750 nautical miles and a 1.44 Megaton warhead. If you want to find out how this came to be, then read on!

In previous articles I wrote about the huge American presence in Suffolk during World War 2. After the war the aircraft were flown back to the USA, and the US service personnel were embarked on the ships that would take them back home to their loved ones. The bases fell silent and were handed back to the RAF. Some were retained for post war use, and saw service in the early stages of the Cold War, but the vast majority were eventually returned to agriculture, such as the ones at Bury St Edmunds, Lavenham, Elmswell, Rattlesden and Sudbury. Of course, the RAF also had a sizeable presence in the area and the three bases at Lakenheath, Mildenhall and Honington are still active RAF Stations today, although of course the first two are home to USAF units of the United States Air Forces in Europe. The airfield at what was once RAF Wattisham near Stowmarket still reverberates to the sound of aero engines, although these days they power the WAH-64 Apache attack helicopters of the Army Air Corps' 3 and 4 Regiments. Not very far from us here in Cockfield there was the RAF base at Stradishall along with its satellite airfield at Chedburgh. There were also RAF airfields at Shepherd's Grove near Stanton, and at Tuddenham, as previously mentioned, and it is these latter two that are the subject of this account.





World War Two might have ended, but no sooner had the guns fallen silent than a new 'Cold War' began, and once again Suffolk was to find itself back in the front line. In 1957 the United States Air Force had a large modern bomber force, but long range Intercontinental Ballistic Missiles (ICBM) were still in their infancy.

These would come later in 1963 with the Atlas and Minuteman missile programmes. In the meantime, the USAF were reliant on shorter range missiles, but these lacked the range to be based in the continental USA and still reach their targets located in Warsaw Pact countries and in western USSR. The solution that the USA settled on was basically this. IRBM + NATO = ICBM. This meant that if the US stationed IRBMs in European NATO countries they would now effectively have an ICBM. Simple!

At the 1956 Bermuda Conference President Eisenhower proposed to British Prime Minister Harold MacMillan that in the short term IRBMs in the form of Thor Missiles be based in the UK. MacMillan accepted this proposal and in February 1958 an agreement was signed for the basing of sixty Thor missiles and the associated launch facilities in the UK. This was officially named Project Emily in May of that year. Why Emily? Well, apparently this was in honour of the name of the pin-up of the month on a calendar on a wall in an office somewhere. I leave it up to readers to decide upon the veracity of this. The deal agreed that the U.K. would provide the bases, along with the RAF and civilian launch and maintenance personnel and all infrastructure, and the US would supply the missiles and the warheads, along with the training of all launch and maintenance personnel.

Although the missiles would be based in England and operated by the RAF they would remain under the control of the United States. Launch, though, would have to be agreed by both countries, so each country effectively would have the power of veto. The basic plan called for the establishment of four Wings. Each Wing would have a Wing HQ site with three missiles, and under the Wing HQ would be four satellite sites each with its complement of three missiles. There would thus be twenty launch sites. The picture shows a Thor missile on its launch pad and the three launch pads of one of the twenty sites. This one happens to be the site at RAF Mepal, near Ely. That makes up the sixty missiles as previously mentioned. In the next part I'll examine how the sites were chosen and I'll focus on the site at Tuddenham to explain how the system worked

Until next time!

Jeremy Gardner



Welcome to Jeffreys Green, Cockfield.

We're very proud of what's been achieved here in close partnership with the Parish Council and Suffolk County Council.

The development is an exemplar project which delivers mixed tenure homes, contributing to meeting the varying housing needs and to the future sustainability of the village and the surrounding communities.



### Development Overview

Overall, the site provides 54 new homes:

- 18 affordable homes – rented and shared ownership, with priority for people with a local connection, where Orwell Housing Association are the landlord
- 3 affordable rented bungalows where Babergh District Council are the landlord
- 24 open market homes for sale by Orwell Homes Limited (the private development arm of Orwell Housing Association)
- 9 self-build plots for Suffolk County Council



## Development Progress

- Work started on site in December 2019 and began with the construction of 18 rented and shared ownership affordable homes.
- We also worked with Babergh District Council to incorporate adjacent land they owned to provide 3 affordable rented bungalows. Construction of these bungalows began in August 2020.
- The properties were completed in May 2021, and new residents moved in.
- In May 2021 we started construction of the first 11 open market homes which were completed in May 2022. These are all sold and occupied.
- The construction of the second phase of 13 open market homes started in Spring 2022 and were all completed in May this year. Three of the homes are occupied, and further sales are agreed or in progress. The remaining properties are being marketed by Fine & Country Estate Agents.
- Suffolk County Council have completed the sale of the first self-build plot with another due shortly. These are being marketed on behalf of the County Council by Fenn Wright.



## Other Community Benefits

- The Parish Council were successful in obtaining s106 monies which enabled the provision of a new bus shelter on the road near Jeffreys Green. This was installed by contractor constructing the new homes.
- The Parish Council are also in discussion with Suffolk County Council regarding acquiring land behind the development as open space for community use.



## Cockfield Community Council Events

We are now just over halfway through 2023 and the list of events being organised by Cockfield Community Council. As the schools finish for the summer holidays and we enter the prime holiday season no events have been organised for the month of August apart from the monthly village cinema which is held on the 4th Friday of the month in Cockfield village hall. Doors open at 7pm for a 7.30pm screening. A raffle takes place during the interval, the bar will be open or alternatively tea and coffee can be purchased as well as cake, snacks and ice-cream. If you haven't tried the cinema yet maybe August is the month to give it a go. Did you know that you can also buy gift vouchers for the cinema. These can be purchased from the village post office.

**PLEASE NOTE THAT THE DECEMBER CINEMA WILL BE A WEEK EARLIER THAN NORMAL SO WILL BE ON FRIDAY DECEMBER 15th.**

Saturday September 16th is the date for our music event. Come and join us in Cockfield village hall for a 1950's Hop, starting at 7pm until 11pm. Music will be by DJ Texas Tommy and hopping with Esther. Entry is £7 on the door and this includes tea & cake. The bar will be open and a raffle will be held during the evening. Why not put the date in your diary so you can come along for a Hop or simply listen to the music, whichever you choose it's sure to be an enjoyable evening.

Another chance to win with family cash bingo on Friday October 13th in the village hall.

Test your knowledge with a quiz evening on Saturday November 18th.

Carols by candlelight will be held at the village church on Wednesday 13th December. This event will be starting with a candlelight procession from the village hall car park up to the village church. A lovely fun evening for all the family just before Christmas to get everyone into the festive spirit.

More details for each event will be advertised in Green Links, on village notice boards, on posters around the village and on the community broadcasts as the date gets closer.

Anyone that thinks they might like to join Cockfield Community Council as a trustee, the AGM is held in November. However, if you would like to help out at events but not commit to being a trustee you can register on the helpers list by email - [communitycouncil@cockfield.org.uk](mailto:communitycouncil@cockfield.org.uk) or phone our secretary Jane on 01284828264

Community broadcasts can be received by visiting [www.cockfield.org.uk](http://www.cockfield.org.uk) and following the link in the footer of any page. The broadcasts provide general information for residents including reminders of upcoming events and any last minute changes.

Report JP



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The Independent Living Service (ILS) offers advice and support on home adaptations to Babergh & Mid Suffolk residents.

**Independent Living Service**



### NORMAN GREGORY MEMORIAL CYCLE RIDE 8<sup>th</sup> JULY 2023

I would like to thank everyone who played a role in organising the Norman Gregory Cycle Ride on 8<sup>th</sup> July from St Peter's Church. To my knowledge approximately 50 riders pitched up from places as far afield as Sudbury and Hadleigh (some even riding all the way to the start point).

There were three rides on offer to cater for all ages, abilities and ambitions: an 8 miler, a 20 miler and a 29 miler. We were blessed by perfect riding conditions, warm with a light breeze and the quiet country lanes around Cockfield provide the ideal cycling territory for a highly enjoyable Saturday morning spin.

I was fortunate to team up with a Cockfield resident, Mr Will Moss, who regularly rides in the area and knew the lanes like the proverbial 'back of your hand'. Conversation was wide ranging as the miles slipped by, including Will's amusing memories of the character that was Norman Gregory. In the entire journey we could only have met roughly twenty cars plus one very large tractor to be carefully negotiated.

Congratulations to all involved and I hope the monies raised and success of the event will mean this Ride was an inaugural occasion to be repeated. The Free Press photographer was in attendance at the start, as was my fellow District Councillor, Margaret Maybury, so hopefully this will help spread the word. All the riders involved, I am sure will encourage others to come along to any future event. Refreshments and the splendid cakes at the Finish were particularly well received! A very fitting tribute to the memory of Norman Gregory and as he himself would say.... Keep breathing. Thank you to all.

Best wishes,

Paul Clover (Cllr) - Babergh and Mid Suffolk District Councillor



## Norman Gregory Memorial Cycle Ride

The bike ride on Saturday 8<sup>th</sup> July was a great success and about 40 cyclists and supporters turned up. The event raised over £600 (representing a combination of entry fees, donations for tea and coffee and cakes as well as generous donors). Norman's daughter Andrea waved us off and said that her Dad would have been tickled pink with the excellent support shown by cyclists from Cycle Club Sudbury, West Suffolk Wheelers, Cockfield residents and schoolchildren.

A stupendous spread of tea, coffee, cakes, scones and shortbread, prepared by Kylie Sheppard, was available to reward the cyclists who tackled the 30, 20 or 8 mile courses with great enthusiasm and was much appreciated by all the participants.

The cyclists were insistent that we should repeat the event and that was happily agreed to by the organisers.  
Look out for next year's event!!

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[www.cockfieldprimaryschool.co.uk](http://www.cockfieldprimaryschool.co.uk)



Dear Green Links readers,

The summer term ends with lots of fun and visitors. This is my final term at Cockfield of course.

A skateboarding workshop, an activity day with inflatables, sports day and end of year disco of course. Thank you to the Post Office for their wonderful fruit platter enjoyed on Sports Day. The children had an extra treat when a local ice cream van appeared!

I was very proud of the children raising money for their chosen charity during Enterprise week –

We had home lemonade for sale, cakes and books, wellies filled with plants and slime for sale!

Well done to Lime Class, raising money for Duchene MS Charity, Willow the Dogs Trust, Oak for EACH and Birch Class who helped Team Seas, who clean up the oceans. All very worthwhile charities.

The school year ended with the Y6 Leavers Service and we wish our them well as they move on to High School. We hope they have made many great memories at Cockfield to take with them.

We are very grateful to all our volunteers who have been coming in to support the school this year, in particular Governor Melanie Salinger who has kindly filled the role of Mid-Day Supervisor this summer and Mrs Jackie Levett who has read with the children in Oak Class all year.

Thank you to FOCSA who raise important funds for our trips and resources in school. Their support is amazing and I would like to personally thank Mrs Hannah Bayes for stepping into the role of Chair of our PTA.

Thank you to the Open the Book team who entertain the children with Bible stories every month. The children really love their assemblies and the acting! Thank you to the Governing Body for all their support over the years, in particular Dr Norman Kelly. I hope the academy conversion goes well in the autumn term.

Best wishes and farewell. Next month The new Head teacher will be sharing a little information about himself. I wish him well and hope he enjoys this amazing school.

Mrs Harkin  
Head teacher

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## Cockfield Parish Council

### Report for the Annual Parish Meeting 25<sup>th</sup> May 2023

The Parish Council continued to deliver a range of services and amenities to further enhance our environment under its statutory obligation. Villagers may be surprised what responsibilities the Parish Council actually have, or may be the areas it does not have any jurisdiction over. (Details of the Parish Council scope can be found on the village web site).

As the village continues to evolve, we've seen many new residents and the Council welcome those coming into the village. The Village Welcome Pack has been updated, and can also be found on the web site <https://www.cockfield.org.uk>.

Considerable hard work has been put in by Parish Councilors and supported by both our Suffolk County Councilor and Babergh District Councilors. From this and Councilor's resilience and determination we have seen many positive improvements.

Some examples are:

The Allotments at the Glebe land, a project supported and jointly funded by the Parish and Babergh Community Infrastructure Levy (CIL) Funding. This is now up and running with ten plots being worked for its first growing season.

The Bus shelter at Mackenzie Place / Jeffreys Green – Another joint CIL project allowed a shelter and complete upgrade of the bus stop in a difficult location. The Parish Council particularly thank the landowners in their support to allow this new facility to be built.

After a considerable period of no support, we now have positive engagement with BMSDC and Suffolk Highways regular visits to skirt back vegetation and encroachments along the A1141 footways improving safety for pedestrians. Unfortunately, The Parish Council do still have to implement some cutting back of verges on the back roads for safety reasons, as SSC do not have funding for sufficient cuts in their program.

The Abbey footpath bridge poor condition was reported to Suffolk Highways who initially indicated no concern on its long-term integrity. However, further communication has now seen their acknowledgment of a problem and a commitment to replace the bridge.

At Cross Green new planters and bench were provided to replace those beyond economic repair. These were funded from Village CIL.

The carved Village sign at Parsonage Green which has been in place for many years was showing signs of deterioration. Councilors, assisted by some residents, were able to save the sign with a complete refurbishment and new post.

The playground at Great Green remains extremely popular with the local community and those from further afield. This is clearly a significant benefit and efforts are in progress to widen the user appeal with some additional equipment.

The Parish Council remains willing to help other good causes with charitable donations allowed by section 137 Legislation and also practically with the hire of the Great Green football pitches to Bury U10 team.

The village came together welcoming friends old and new to celebrate the Platinum Jubilee and the Coronation. This was with assistance from the Community Council and a number of individuals. These events are something Cockfield does well, and they were a good opportunity for our spread-out locations to meet.

Progress has been made towards facilitating a long-term aspiration of a footpath from Mill Corner, the former railway station and the school lane. Initial site inspections have occurred to discuss options available. However, these rely heavily on the good will of the landowner adjacent to the road and practically SCC Highways compliance demands being satisfied, as Highways cannot support non-compliant paving solutions.

Local needs housing (Jeffreys Green) – Very positive feedback has been received from residents on this now thriving area. Also, during the year, it was encouraging to see planning applications in for consultation for the initial self-build plots. This together with the ongoing occupation of the completed properties.

The nearby Earls Meadow / Bruffs Line project is further developing with the volunteer group and their immense efforts.

The Parish Council would like to thank all those individuals and contractors who have assisted during the year to deliver this range of projects and the ongoing maintenance to Parish assets. Without this it would not be possible, especially in the present financial climate where it can be challenging to secure prompt commitment that is sometimes needed.

Personally, I would like to thank all the Parish Councilors, District and County Councillors in another successful year.

**Derek Southgate**

**Editors Note:**

I am sorry for the delay in printing the Parish Council report from the Annual Parish Meeting held in May, Green Links has just been so full the past couple of months I had to wait for space to become available.

**Janne**

Dear Friends

August is traditionally a time for sun, sea and sand! Although I know that these days we can holiday at different times of the year for many with school aged children it is the end of July-August break that allows for a well-earned time away.

In the Cockfield Benefice we are gearing up for the five-day holiday club for primary school aged children (see below). The team of adults that run the week are looking forward to spending time with the children as they play games, create things, see puppet shows and enjoy a daily drama. It's all good fun, and the adults enjoy it as much as the children do.

As we enjoy the holidays, we know that there are many who are unable to do so in our world. We are always mindful that there are those who are suffering oppression, poverty, famine and conflict. There are the many who are looking for refuge as they have left the devastation of their own homes and come to our shores looking for security and safety. We pray regularly for all those who are living in grim circumstances, and for those whose who managed to reach our country and community. May we open our hearts and homes to the stranger, for as we do, we are opening our hearts and homes to Jesus. Jesus showed compassion to all those in need, and we continue his work today.

Loving service is something that we can all do, whether we have a faith, or no faith. It is what makes us human. May God bless all that we do in his name, or in the name of humanity.

with love in Christ,

Sharon  
revsharon2@gmail.com,  
01284-828599 or 07825 086063

### *Cockfield Benefice* **SUMMER HOLIDAY CLUB**

At Cockfield Village Hall, 14th - 18th August  
Monday-Friday, 9.30-approx 12.15pm.

£10 per child per week – if there are three children in a family attending the third goes free! There are still a few places left!

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## Cockfield Benefice Services & Events August/September 2023

Sunday 6 August Trinity 9/Transfiguration	9.30am Communion CW - Stanningfield
	10am Morning Prayer CW - Cockfield
	11am Communion CW - Bradfield St Clare
	6pm Celtic-style Communion - Felsham
Sunday 13 August Trinity 10	9.30am Said Communion BCP - Cockfield
	11am Communion CW - Bradfield St George
	6pm Praise & Worship - Gt Whelnetham
Sunday 20 August Trinity 11	9.30am Morning Prayer CW - Stanningfield
	10am All-age Worship - Felsham
	10.30am Communion CW - Cockfield
	6pm Evening Prayer - Bradfield St Clare
Sunday 27 August Trinity 12	9.30am Communion CW - Gt Whelnetham
	10am Worshipping Together - Bradfield St George
	10am Communion BCP - Gedding
Sunday 3 September Trinity 13	9.30am Communion CW - Stanningfield
	10am Morning Prayer CW - Cockfield
	11am Communion CW - Bradfield St Clare
	6pm Celtic-style Communion - Felsham

*Please note these services may be subject to change – for up-to-date service times see the benefice website at [www.cockfieldbenefice.com](http://www.cockfieldbenefice.com)*

A service of Celtic Morning Prayer is held every Tuesday at Cockfield at 9am  
and at Stanningfield every Thursday at 9am.  
A prayer group meets every Wednesday at 2pm via zoom.

For more details contact Canon Sharon Potter [revsharon2@gmail.com](mailto:revsharon2@gmail.com)

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# Advice Column



I bought a pram for £400 online, but it never arrived. At checkout it said delivery would take 3-5 working days, but I never received any tracking information. I chased the seller and they said they'd speak to the delivery company, but now when I try to phone them my call goes straight to voicemail. I've had no response to emails either. The website I bought it through looked legitimate but now I've seen people posting on review sites about products that never arrived, and some are saying this is a bogus seller. Have I been scammed and if so, what can I do?

This sounds like a very frustrating situation, and unfortunately scammers are always finding more sophisticated ways to trick shoppers, including having very legitimate-looking websites.

From your letter, there are signs it could be a scam. We've detailed information on our website, [www.citizensadvice.org.uk](http://www.citizensadvice.org.uk) about how to spot the signs of a scam that you might find useful to check.

As you've already parted with your money, the first step is to contact your bank immediately to let them know you think you've been scammed.

In terms of getting your money back, a lot depends on how you paid. We have full details on our website on the routes you can take. For example, if you paid by debit card, your card provider can ask the seller's bank to refund the money. This is known as the 'chargeback scheme'. If you paid by credit card and the item cost more than £100 but less than £30,000 you might be able to claim under the Consumer Credit Act. This is known as a 'Section 75 claim'. Under £100 on credit card, you can't use Section 75, but you can use chargeback.

It's always a good idea to report a scam, even if you haven't got your money back yet. You can do this by contacting Action Fraud, <https://www.actionfraud.police.uk/>

It's also worth knowing your rights as a consumer in case the seller does get back in contact and turns out not to be a scammer. If something you ordered hasn't arrived, it's the seller's responsibility to get the item to you. So, if they say they don't know where the pram is, you can ask for a redelivery or, depending on how long you've waited for a delivery, you may be able to get a refund from the seller. We have advice on our website about how to do this.

It's also worth knowing that if a trader, having taken your money, refuses to deliver an item, Trading Standards may be able to investigate them.

For more advice on dealing with suspected scams or problems with traders, call the Citizens Advice consumer helpline 0808 223 1133 or talk to an adviser online through the Citizens Advice website. Many people may need emotional support after falling victim to a scam, and we have advice on our website about how to get this too.

Citizens Advice runs Scams Awareness campaigns aiming to give people skills to identify scams; encourage people to share their experiences with scams; help people gain the confidence to report scams. The campaign is led by Citizens Advice in collaboration with the Consumer Protection Partnership (CPP).

For information and advice on this or anything else, visit [www.citizensadvice.org.uk](http://www.citizensadvice.org.uk) or call Sudbury and District Citizens Advice on 01787 321400 and leave a message and someone will call you back when available. Alternatively, contact us via email at [advice@sudburycab.org.uk](mailto:advice@sudburycab.org.uk)

**Opening Hours**

Monday	10.00 – 1.00
Tuesday	10.00 – 1.00 & 2.00 – 5.00
Thursday	10.00 – 1.00 & 2.00 – 5.00
Friday	10.00 – 1.00 & 2.00 – 5.00
Saturday	10.00 – 2.00
Sunday & Wednesday	- CLOSED

**Summer Reading Challenge: 15<sup>th</sup> July – 10<sup>th</sup> September** Our Summer Reading Challenge is well underway and if you haven't already signed up there is still plenty of time. The aim of the challenge is to encourage children to continue reading during the summer holidays. For each of the six books they read, they can collect a prize from the library. **If you sign up at Lavenham Library, we are offering an additional prize of our exclusive "light up pens" funded by our Friends Group once you have completed book 3!** If they complete the challenge, they'll also receive a special certificate! Children can sign up from **15 July**. The challenge officially ends **10 September**.



**Suffolk Libraries PAWS-ITIVITY fundraising campaign** Look who has arrived here at Lavenham Library! Come and meet "Book & Woof" our PAWS-itivity dog who is part of Suffolk Libraries fundraising campaign.

Our lovely fabric dog has been created by Charmaine McKissock, a community artist, teacher and writer who has a therapy dog which she uses to support children's reading and this inspired her to create our cuddly fabric sculpture "Book & Woof"!

PAWS-itivity! will raise awareness of Suffolk Libraries as a charity that nurtures literacy, supports an appreciation of the arts and improves wellbeing and positivity. Ultimately, it will raise crucial funds for Suffolk Libraries at a high profile auction in late September 2023.

For more information, please pop into the library to pick up a PAWS-ITIVITY leaflet.

**Summer holiday activity for children BACK BY POPULAR**

**DEMAND!** We are holding another African Drumming Workshop on **Thursday 31<sup>st</sup> August 3.00pm – 4.00pm** which costs £2.00 and is open to all ages. Due to the limited numbers you will need to book either by emailing [lavenham.library@suffolklibraries.co.uk](mailto:lavenham.library@suffolklibraries.co.uk) by telephoning 01787 247729 or by coming into the library and speaking to a member of staff. As this event is funded by our Friends Group we can only accept cash payments.

**Contact Details**

Lavenham Library, Lavenham Village Hall, Church St, Lavenham CO10 9QT

Tel No: 01787 247729

[www.suffolklibraries.co.uk](http://www.suffolklibraries.co.uk)

Email: [lavenham.library@suffolklibraries.co.uk](mailto:lavenham.library@suffolklibraries.co.uk)

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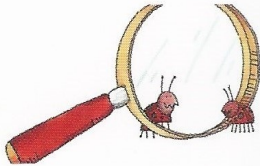
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## Congregational Church Corner

In Acts chapter 10 we are introduced to Cornelius, a first century Roman Centurion based in Caesarea. He believed in God and was very devout in his religious observances. He prayed, fasted and gave liberally to the poor (verse 2) and as a result he was well respected by the Jewish community (verse 22). How Cornelius came to be monotheistic we are not told, but his religious beliefs were unusual as, generally, Roman soldiers worshipped a plethora of gods, including the official gods of Rome. But his religious observances and charitable works, though not saving him, came to the notice of God (verse 31) and were acceptable to Him (verse 5). And so, through a God given dream, Cornelius was told to seek out Simon Peter, who would “tell him what to do”(verse 6); meaning that Peter would present the gospel message to him, and thus give him the opportunity to become a Christian.

Peter, in common with all Jewish people at that time, had a problem with Gentiles, thinking them unclean (verse 28) and, although this was the prevailing attitude amongst his people at that time, it was the wrong attitude, and so God had to deal with it; which He did, also through a dream that He gave to Peter, telling him that what God had made clean, Peter should not consider unclean (verses 15).

And so Peter met with the representatives sent by Cornelius and having heard particulars of the dream that he had, and being convinced that this was from God, Peter went travelled to see Cornelius and presented him with the gospel message. Cornelius received this gladly and accepted the Lord Jesus as his personal saviour - evidenced by the fact that he received the Holy Spirit, and was baptised (verse 48).

Cornelius was a good man, but not a saved man initially. Like everyone else who would spend eternity in heaven, Cornelius needed to learn the lesson of a personal faith in the Lord Jesus Christ. This is the requirement for salvation. There is no other way. He could not rely on his religious observances, nor his good works, no matter how generous or worthy they may have been. He could not earn his salvation in this way (Ephesians 2: 8 & 9), nor in any other way. God’s ordained way of salvation, that was planned and established before the beginning of time (1 Peter 1: 19 & 20) is the only way to be saved, and that way is through the Lord Jesus Christ alone (John 14:6).

William Attwood



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# Announcements

Do you have an announcement you would like included here?

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# Cockfield Contacts

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Cockfield Football Club	Joe Brinkley	<a href="mailto:football@cockfield.org.uk">football@cockfield.org.uk</a>
Cockfield Netball Club	Lindsee Summers	<a href="mailto:netball@cockfield.org.uk">netball@cockfield.org.uk</a>
Cockfield Post Office	Barbara Turner	01284 828201
Cockfield Primary School	Trudie Harkin Headteacher	<a href="mailto:admin@cockfield.suffolk.sch.uk">admin@cockfield.suffolk.sch.uk</a>
Community Council Secretary	Janne Cutting-Keyton	<a href="mailto:community.council@cockfield.org.uk">community.council@cockfield.org.uk</a>
Computer Circle, e-news	Neil Ashton	<a href="mailto:computer.circle@cockfield.org.uk">computer.circle@cockfield.org.uk</a>
County Council - Local Member	Robert Lindsay	07738 264087
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St. Peters Church	Rev. Sharon Potter	01284 828599
Church Wardens	Norman Kelly/David Smith	<a href="mailto:church.warden@cockfield.org.uk">church.warden@cockfield.org.uk</a>
Village Hall - Bookings	June Pettit	<a href="mailto:village.hall@cockfield.org.uk">village.hall@cockfield.org.uk</a>
Secretary	Vera Shepherd	<a href="mailto:village.hall@cockfield.org.uk">village.hall@cockfield.org.uk</a>
Village Recorder	Brenda Dyer	<a href="mailto:recorder@cockfield.org.uk">recorder@cockfield.org.uk</a>
Women's Institute Secretary	Suzanne Veal	<a href="mailto:w@cockfield.org.uk">w@cockfield.org.uk</a>

...and I think to myself  
what a wonderful world.



On Cockfield Airfield - Photo Kathryn Vernon