# Green Links

February 2021



## Green Links Copy Deadline!

Please note all copy for the March issue must be with me by 15th February please

Janne Cutting-Keyton, Newholme, Smithwood Green, Cockfield. IP30 0JQ 01284 828264 or janne@twerbs.co.uk

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# Green Links



The Monthly Village Magazine of Cockfield Edition 4– No 161 February 2021

Chairman and Distribution Editor Secretary Advertising Manager David Simpson Janne Cutting-Keyton Morag Kelly Sue Harrison

Well here we are again - back to an online version only for the February edition of Green Links, I sincerely hope, as I am sure we all do, that we are on the path to a speedy and safe return to some sort of normality soon.

Being online only does have some advantages thought, rather than being limited to one or two colour pictures I can publish an array of super photos sent in over the past few weeks. My thanks to Peter, Carl, Kathryn, Kelvin, Monique and Paula for this months gallery. I have used up all my reserves so if you are out and about please capture some more pictures of seasonal interest and send them on in.

Unfortunately there will not be an organised Litter Pick in the village this year, because of the current restrictions, the safety guidelines for litter picking items which could be contaminated, the rules for the disposal of waste and the problems with shared use pickers and jackets. Everyone's safety must always be the prime consideration, maybe we can think of doing something later in the year when hopefully restrictions will have been eased.

Spring is nearly here, maybe by next month both the photos and the Country as a whole can reflect some signs of new beginnings, I am sure we could all do with that.

Janne

www.cockfield.org.uk

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# Jeffreys Green, Cockfield - Affordable Housing Completing March/April 2021



I'm really pleased to report that despite a global pandemic, and two full national lockdowns, we are still on track to complete the new affordable homes at the end of March this year.

If you think that one of these flats or houses could be your new home, please read the following information to make sure you know what action you should take to be considered.

Priority will be given to people who have a connection to Cockfield and this is defined as having lived in Cockfield for at least two years, or having a close family member who has lived in Cockfield for at least two years, or people who work in Cockfield and have for at least two years. Having worked with the Parish Council for so many years to provide these local homes, we would really like to see as many people as possible with a close connection to Cockfield moving in.

Although we are currently under national lockdown restrictions, Government guidelines still allow house moving activities to take place. Orwell is still letting and selling affordable homes, with COVID Safe practices in place to protect our customers and staff.

#### AFFORDABLE RENTED HOMES

There will be 12 affordable rented homes:

- 4 x 1 bedroom flats
- 2 x 2 bedroom flats
- 4 x 2 bedroom houses
- 2 x 3 bedroom houses

These homes will be owned and managed by Orwell Housing Association and rented on an affordable rent – this is a rent that is no more than 80% of the market rent of that property.



The homes will be allocated through the choice-based lettings system – Gateway to Homechoice. Anybody interested in renting one of the properties will need to be registered with Gateway to Homechoice and have an active application.

The properties will be advertised for bidding in the **middle of February** so your application will need to be registered and active before this time for you to be able to bid for a property. Please note that it can take some time from registering for your application to become live so please register as soon as possible to be considered for these homes.

More information on how to register or check your application is active can be found at www.gatewaytohomechoice.org.uk

Our Housing Officer, Emma Lally, is also available to help with any queries and can be contacted on 07843 328092.

#### SHARED OWNERSHIP HOMES



We have four twobedroom and two threebedroom shared ownership homes at Jeffrey's Green, with prices at £112,500 for a 50% share of a two bed home or £125,000 for a 50% share of a three bed home. The size of share bought can more or less than 50%.

There are some eligibility criteria, for example you need to have a combined household income of less than £90,000 and you can't

own another home. Also, people with a connection to Cockfield will also be given priority should we have more applicants than properties.

We've had quite a lot of interest already so if you're not already in touch and you're interested in becoming a shared owner at Jeffreys Green please contact Sandra Scott or Karen Suddes, Orwell's Sales Team, on 07749 417399 or at <a href="mailto:homesales@orwell-housing.co.uk">homesales@orwell-housing.co.uk</a> as soon as possible.

#### **SELF BUILD PLOTS**

As part of the first phase of construction, Orwell has provided the services connections and main roads to serve five plots of land upon which individual homes can be built. The plots have outline planning permission for detached houses and will in the first instance be offered for sale by Suffolk County Council to local people who would like to have the exciting opportunity to build or procure their own home in the village. Sales will be conditional on the buyers living in the house themselves for a specified number or years and Community Infrastructure Levy (CIL) will not be payable if the houses remain occupied by the original buyer for a specified number of years. A further four larger self-build plots will be available in a later phase of the development.

Suffolk County Council have appointed Fenn Wright as marketing agents for the plots and bids will be assessed based on an agreed weighted system. For more information or to express an interest please contact Brian Prettyman at Suffolk County Council Corporate Property on 01473 264101 or by email at brian.prettyman@suffolk.gov.uk.

#### **FUTURE HOMES FOR SALE**

The affordable homes at Jeffrey's Green are the first phase of a larger development and we are expecting to start building phase 2, the first of the market sale homes, this Spring. These are likely to be 11 new homes: a mixture of 2, 3 & 4 bed houses.

If you'd like to express an interest in buying a new home on phase 2, please provide your contact details to our sales team - Sandra Scott or Karen Suddes on 07749 417399 or at <a href="housing.co.uk">homesales@orwell-housing.co.uk</a> - and we'll keep you updated with further information as it becomes available.

Thank you and stay safe

Dawn Edwards
Development Manager
Orwell Housing Association

#### **Garden Tips for February 2021**

#### Flowers & Grasses

- Herbaceous Perennials Weather permitting take the opportunity to clear last year's dead flower heads and foliage. New growth should be visible at the base of the plant. You can also divide congested clumps to improve vigour and make new plants for free.
- Top dress established borders with proprietary fertiliser such as blood, fish and bone or well-rotted manure.
- Dahlias Examine stored tubers. If they are shrivelling plunge into tepid water overnight. Dry and cut off any parts that show signs of rotting. Dust cuts with Flowers of Sulphur and place back in fresh vermiculite or dry peaty compost.



- Divide large clumps of bulbs such as snowdrops and winter aconites after flowering then re-plant to establish new colonies.
- Cut back deciduous grasses (e.g. Pennisetum, Miscanthus) which were left uncut over the winter. With regard to evergreen grasses (e.g. Carex, Stipa) you just need to remove the dead grass.

vent the plants setting seed. This will encourage the plants to produce fresh flushes of flower when the weather warms up.

 Trim back winter flowering heathers to prevent them growing leggy.



 Remove leaves with brown/blackish spots on Hellebores (Christmas rose) by doing this you will reveal the true beauty of these early winter flowers. Do not add the leaves to the compost heap as this will spread disease.

#### Fruit and Vegetables

- Clear weeds from vegetable seed beds and fork in compost or wellrotted manure. Sow some vegetable seeds in greenhouse borders, cold frames or under cloches. Try sowing Aubergine, salad leaves, tomatoes, leeks, celeriac and onions.
- Broad beans can be sown outside providing the soil isn't frozen or waterlogged.
- Chit potato tubers by arranging the tubers in shallow boxes or egg boxes with the eyes (young shoots) uppermost. Put in a light frost proof shed or room to encourage the tubers to sprout.



- Cut autumn fruiting raspberry canes down to the ground
- Prune back blackcurrant, redcurrants and gooseberries to a good open framework. Top dress fruit bushes with a slow release fertiliser (potassium-rich) to feed plants during the new growing season.
- Last chance to winter prune apple and pear trees while they are still dormant. You should aim to take out a bit of old wood each winter to stimulate new growth. Avoid the haircut approach and try to stagger the pruning cuts throughout the canopy. Your aim should be to create an open centre to the tree which

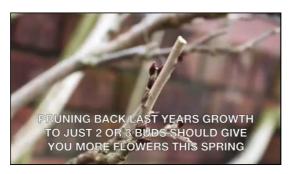
will allow more light to ripen shoots and produce fruit. It will also allow good air movement which help prevent disease.

 Plant Rhubarb into enriched soil (well rotted manure added) or split and divide established crowns.



#### Trees, Shrubs & Climbers

- Prune winter flowering shrubs (Mahonia, Forsythia and winter flowering Jasmine) once they have finished flowering.
- Complete winter pruning of Wisteria by cutting summer side shoots to 2 or 3 buds.



- Prune hardy evergreen hedges and tidy deciduous hedges towards the end February and early March before birds start nesting.
- Prune back clematis which flower in summer (July onwards) to 12 inches from the ground. Do not prune Clematis Montana or any of the early flowering (Jan – May) Alpina, Armandii species. These should only be are immediately after they have finished flowering.
- Roses Complete planting of new roses but not if the ground is wet and sticky or if there is frost or snow on the surface of the ground. If conditions unsuitable then just heel the plants into a nursery bed as a temporary measure.
- Sprinkle slow-release fertiliser around the base of roses and flowering shrubs.

#### General Maintenance and planning

- Check your garden tools are clean and sharp. Check and service garden machinery so that you are fully prepared for the forthcoming season.
- Think about, plan and order any plug plants.



- Create a box with dividers for each month. Sort out seed packets and arrange in sowing date order.
- Clean empty pots with mild washing up liquid. Rinse thoroughly and allow to dry.
- Get on top of perennial weeds whilst easier to control.

At the time of writing we are about to go into another full lockdown. I really hope by the time you read this edition we all have more freedom. But whatever happens we still have our gardens, allotments, balconies or window boxes to enjoy.

Take care and stay safe. Kate Ransom



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Home from Hospital

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New service to support residents to live independently and safely in their homes

Babergh District Council 'Independent Living Service' has been developed to help improve the quality of life of the districts' most vulnerable adults, young people and children.

The new service will offer advice and support where home adaptations, big or small, are needed to help residents live independently, safely and comfortably in their own homes, for as long as possible.

It will also assist residents with a disability, or those who may need adaptations to their home due to changes in their health, via the Disabled Facilities Grants (DFG) and the councils' Minor Adaptation Grants Scheme processes from application to completion of works.

Proposals to move the service in-house will allow the councils to ensure that the service is right for the residents across the district – with better control in the management of allocation of budgets and the processing of applications.

Cllr Jan Osborne Babergh District Council cabinet member for housing said: 'Bringing this vital service in-house will give us greater flexibility in supporting our residents. This new service will allow us to provide a more efficient and cost-effective service. Poor health is generally unplanned, and not something that you can prepare for. This new way of working will help us to directly support those with unplanned and long-term health issues or anyone needing additional support.

The Independent Living service will help us enable more of our residents to remain in their homes and live more independently. Bringing the service in-house will, in the long-term, help to reduce demands on Suffolk's care system and the NHS – cutting down on the time residents need to spend in hospital.'

Sometimes work needs to be carried out quickly and our teams will ensure that the processes in place allows residents to return to the comfort of their own home, and a safe and secure environment.

The new service will:

- Raise the quality of life, supporting residents to remain in their home independently and safely
- Improve the processing time for Disabled Facilities Grants (DFG) applications and associated works
- Increase the annual number of applications completed
- Reduced demand on the wider Suffolk care systems
- Help to identify the best option to meet the applicants' needs
- Provide help and support to complete DFG application forms
- Carry out home surveys
- Help source reputable local contractors
- Apply for planning permission and building control consent if required

The Independent Living Service will work in partnership with Independent Living Suffolk to provide a high standard supportive network that will facilitate independence at home. In addition to offering signposting, financial and relocation assistance across the district, the service will enable each authority to tailor their provision to meet the changing needs of their communities.

Suffolk County Council will be the first point of contact – and residents needing advice, guidance, or support can start the process by using the contact details below.

Email: ILS@Suffolk.gov.uk

Call: 0800 121 7711 for an assessment by therapy staff.

Once an assessment has been carried out by Suffolk County Council therapy staff, a recommendation will be made on the home adaptations and support needed.



#### Cockfield SpeedQuiz Live, December 22nd



Our second SpeedQuiz Live took place on December 22<sup>nd</sup>. Building on the success of the first quiz in November, we had 15 teams this time. The format was the same virtual quiz and I included a few festive questions.

As it was the festive season we decided that this time the prize would be donated to one of our local charities and that the winning team would be invited to choose which one.

Congratulations go to Team Smithereens, sometimes known as the Smithers family, who were worthy winners. They asked for the prize to be donated to St Peter's Church.

Thank you to all those who took part, we hope to see even more teams enter next time.

Please note the next 2 SpeedQuizzes are scheduled for Saturday January  $30^{th}$  and Saturday February  $27^{th}$ .

#### **Neil Ashton**

Quizmaster

# Cockfield Community Council Please note the dates of the next 2

# Speed Quiz!

Saturday 30<sup>th</sup> January
Saturday 27<sup>th</sup> February Via Zoom
Set up from 7 pm, Quiz Starts 7.30
Enter as individuals or family teams

Free to enter

You will need a laptop, desktop or tablet for the Zoom session, <u>plus</u> one smart device per team – phone or tablet – which will be your keypad to enter answers.

Additional information is published on <a href="https://www.cockfield.org.uk">www.cockfield.org.uk</a> and full instructions will be issued to participants.

It's great fun, <u>not</u> technical, typing skills not required

Have a go!!

To register your interest, or to ask any questions please contact Neil on 07900 880888 or email

quiz@cockfield.org.uk

## Self-isolation support payments for low-income earners in Babergh

Residents on low-incomes and unable to work because they have been asked to self-isolate by NHS Test and Trace, can now claim a £500 payment to compensate for loss of earnings.



As part of a nationwide Government scheme, residents in Babergh who are on low incomes and are unable to work because they have been told by NHS Test and Trace that they have to self-isolate can now apply for a lump sum payment from their local councils. Money will be paid into their accounts within days of their applications being verified, to relieve immediate financial hardship.

People who receive notification from NHS Test and Trace to self-isolate because they have been in contact with someone who has tested positive for Covid-19, will be entitled to a £500 support payment if they meet all of the following requirements:

- They comply with the NHS Test and Trace notification to self-isolate
- are employed or self-employed
- are unable to work from home and will lose income as a result

#### AND are in receipt of one of the following benefits:

Universal Credit - Working Tax Credit - Income-based Employment and Support Allowance - Income-based Job Seeker's Allowance Income Support - Housing Benefit - Pension Credit

Discretionary payments may also be available in exceptional circumstances to individuals who meet the main qualifying criteria (i.e. low-income and unable to work because they are self-isolating) but are not in receipt of qualifying benefits and are facing severe financial hardship.

The scheme is being administered on behalf of the local authority by the Shared Revenue Partnership - with a fast and simple application form now available on the councils' websites together with information about how to easily provide evidence required and further details about the scheme.

To apply and find out more:

Babergh residents: www.babergh.gov.uk/benefits/coronavirus-money-and-benefits-advice/

Claims must be made within 14 days of a period of self-isolation ending. Residents are also reminded of the launch of the Suffolk Support and Advice Service earlier this month to help people access information or support relating to debt, benefits, housing or employment.

Citizens Advice Suffolk Alliance, which includes the eight Citizens Advice Bureaus across Suffolk, and Anglia Care Trust and Ipswich Housing Action Group are delivering advice and support to people through a single phone line. The phoneline is funded by Suffolk Public Sector Leaders and has been developed by Suffolk-wide partners on the Collaborative Communities Covid-19 Board, which is part of the Suffolk Resilience Forum.

People can contact the Suffolk Support and Advice Service on 0800 068 3131 between 9am to 5pm Monday to Friday or go to: https://www.suffolk.gov.uk/

<u>coronavirus-covid-19/suffolk-advice-and-support-service/</u>



# Sudbury & District Citizens Advice



We offer a telephone advice service from Mon – Thurs

10am – 1pm



Tel: 01787 321400, 0300 330 1151 or

03444 111 444

Or email advice@sudburycab.org.uk website: www.sudburycab.org.uk www.citizensadvice.org.uk

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We provide free independent, confidential and impartial advice to everyone on their rights and responsibilities.





13.12.2020 at 7.46am

## Children's Page February

February in Lockdown BORING!

Lets see if we can find a Boredom Buster or two...

Always ask parents/carers permission first!

#### Sock toss

Roll socks into balls and position two teams at opposite ends of the room. Try to throw socks into the 'goals' of each other's team. The winner is the one who gets the most socks to the other end.

#### Hide and seek

This traditional game is fun especially outdoors but when you cant go out try using a toy to hide, much easier in a small space.

#### Treasure hunt

Draw pictures on small bits of paper and hide them around the house to make a trail to follow. Leave something at the end so they know they have found the treasure.

#### **Buttons**

My grandma always had a button box which I could sort, or count or thread - ask if there is one in the house you could play with.

**Be an animal** for a while and see if anyone can guess which animal you are - to make it super hard you could act out the movements or facial expressions without making a noise.





## Weather and 'rainfall' recordings and observations in Cockfield during 2020.

(Information supplied as purely as a guide and hopefully of interest).

Notable significant rainfall variations seen throughout the year.

#### Highest monthly rainfall totals:

February - 4.13ins or 105mm June - 5.93ins or 151mm August - 5.72ins or 145mm October - 6.01ins or 153mm December - 5.69ins or 145mm

#### Lowest recordings:

March - .38ins or 35mm April - 1.10ins or 28mm May - 0.40ins or 10mm September - 1.56ins or 40mm

**A very dry Spring.** Take out February and the remaining 4 months up to and including May saw just 13% of the annual rainfall representing 33% of the year. (5.40ins against 33.88ins for the remaining 8 months).

**The wettest months** alternated from June onwards e.g. months 6, 8, 10 & 12. The four year annual average rainfall up to 2018 was 25.24ins or 641mm.

**Taking a six year annual average**, this has now increased to 28.66ins or 728mm.

#### Month by month observations:

#### January

Started grey and murky with some mild days interspersed with the odd cooler days. No significant frost until 18th that gave us 2 days with clear blue sky and sunshine. Return to overcast and grey conditions towards latter part of the month.

#### **February**

First part of month relatively dry apart from 9th 0.5ins or 12.5mm of rain. 2nd half saw rain falling almost every day with nearly 80% of the months rain recorded.

A windy, disturbed month with incoming Atlantic storms, namely Ciara and Dennis battering the West of the Country but less impact here in Suffolk. The month ended on a chilly note with return to frost on 26th (last one on the 6th) then snow on 27th, sufficient to provide a covering, this disappearing after lunchtime.

#### March

Rainfall below average with most of it falling in the first half with 1.3ins or 32mm and just 0.1ins or 3mm in the last half.

Temperature wise, month started mostly mild with only a few light frosts until 19th then cool easterly breeze and frosts, giving clear blue skies until 28th. Sleet showers on 29th.

Our first recorded sound of the Chiffchaff was on 17th, earlier than previous years.

#### April

The dry weather continues with the 2nd driest month of the year. Rain recorded on just 5 days those being 13th, 20th, 28th, 29th and 30th.

Month provided spells of cool breezes, mostly clear blue skies and periods of unseasonable warmth. Summer appeared early from 5th to 12th and for a shorter period from the 22nd. A winter reminder came by way of frosts on 15th, 16th and 26th and the month ended cooler and unsettled.

#### May

Unsettled weather for Day 1 and 2, the only days when measurable rainfall was recorded. Just 0.4mm or 10mm for the month.

Mostly a month to enjoy sunshine and warm conditions but the sting in the tail was provided again by days of a cool easterly breeze; but those were in the minority. Frosts very early on the mornings 14th and 15th. The month ended on a high with warmth and sunshine.

#### June

Started warm becoming unsettled from 3rd to 12th then warm and humid until 20th. Very warm until the last two days of the month when grey overcast conditions persisted.

Only 9 days of recorded rainfall but the vast majority it fell on 17th. A total of 3.27ins or 83mm for the whole day but 2.4ins or 61mm was measured after a biblical like storm occurred between <u>1530hrs - 1700hrs</u> destroying the vegetable garden in the process.

#### July

Rainfall evenly spread out over the month.

Overall the month is a mix of warm sunshine and short heavy isolated showers and especially around the 5th, very windy. The end of the month is sunny and very warm, with 31st the hottest day of the year so far.

#### August

Mostly warm and sunny, some cloudier days with increasing humidity leading to localised thunderstorms, especially around the 16th & 17th.

Windy at times, 21st and then with Storm Francis on 25th that then brings in a period of heavy rain on 27th (1in or 25mm) and more rain for the next 2 days giving us a typical unsettled Bank Holiday weekend.

#### September

Beginning of the month mostly warm and sunny then gently deteriorating towards the latter part when it becomes cooler and more unsettled but before this

we experience pleasant warm and sunny days. The month end experiences more windy days, occasional bright sunny periods and spells of rain.

#### October

Wettest month of the year and probably one for record books.

A month for wet weather gear as rain fell on approx. 23 days and on 6 days at least 0.4in or 10mm was measured. Very little sunshine recorded, the best days for being mild with sunshine being 20th & 22nd. Glad to see the back of October.

#### **November**

The rain relents at last but it is predominantly overcast and grey with mainly sunny, mild days only on 4th, 5th, 6th, 12th and 22nd. Most of the rainfall occurred between 10th and 20th.

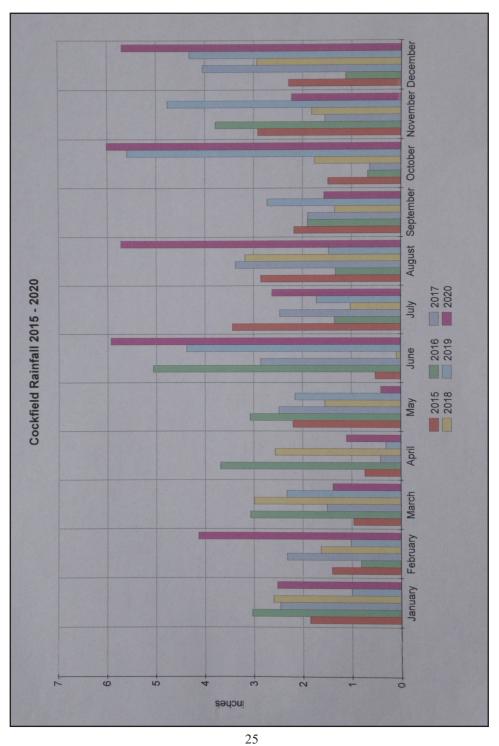
The first frost of the impending winter came on 4th with further frosts on 20th, 23rd and 27th.

#### December

Another very wet month. 1.4ins or 36mm on 3rd then more persistent rain fell from 9th to 27th. Winter arrives with frost, fog, grey skies, mist and murk. Some beautiful and dramatic sunrises but short lived sunshine with only a handful of clear sunny days.

#### Paul Heather

		Cockfield rainfall 2015 - 2019			(inches)	
	2015	2016	2017	2018	2019	2020
January	1.85	3.03	2.46	2.6	1.00	2.52
February	1.40	0.81	2.32	1.63	1.02	4.13
March	0.96	3.07	1.50	2.99	2.32	1.38
April	0.73	3.68	0.41	2.56	0.30	1.10
May	2.19	3.07	2.48	1.54	2.15	0.40
June	0.51	5.06	2.85	0.08	4.37	5.93
July	3.43	1.34	2.46	1.02	1.71	2.62
August	2.85	1.32	3.37	3.17	1.46	5.72
September	2.17	1.89	1.89	1.34	2.72	1.56
October	1.48	0.67	0.63	1.75	5.59	6.01
November	2.91	3.78	1.54	1.81	4.76	2.22
December	2.28	1.12	4.04	2.93	4.31	5.69
Month total	22.76	28.84	25.95	23.42	31.71	39.28



#### Census 2021

#### will provide a snapshot of modern society

Households across Cockfield will soon be asked to take part in Census 2021.

The census is a once-in-a-decade survey that gives us the most accurate estimate of all the people and households in England and Wales. It has been carried out every decade since 1801, with the exception of 1941.

It will be the first run predominantly online, with households receiving a letter with a unique access code, allowing them to complete the questionnaire on their computers, phones or tablets.

"A successful census will ensure everyone from local government to charities can put services and funding in the places where they are most needed," lain Bell, deputy national statistician at the Office for National Statistics, said.

"This could mean things like doctors' surgeries, schools and new transport routes. That's why it is so important everyone takes part and we have made it easier for people to do so online on any device, with help and paper guestionnaires for those that need them."

Census day will be on March 21, but households across the country will receive letters with online codes allowing them to take part from early March.

The census will include questions about your sex, age, work, health, education, household size and ethnicity. And, for the first time, there will be a question asking people whether they have served in the armed forces, as well as voluntary questions for those aged 16 and over on sexual orientation and gender identity.

Results will be available within 12 months, although personal records will be locked away for 100 years, kept safe for future generations.

For more information, visit census.gov.uk.



































As in previous years, the appeal will support older and vulnerable people in Suffolk to stay warm in their homes.

We will also ask individuals about their health and wellbeing, living conditions and isolation, and connect them to people that can help.



#### IF YOU NEED SUPPORT CONTACT

The Surviving Winter Helpline 01473 219770



This year, we are expecting more people to need our help than ever before, so we are merging the Surviving Winter Appeal with the central Rebuilding Local Lives initiative that we have been running since the start of the pandemic. We hope that this action will deliver a much louder and easily understood central message to increase local giving and ensure that every vulnerable person in our 'Caring County' is supported to 'Stay Warm, Stay Well and Stay Connected'.

As the Coronavirus pandemic continues to have a profound impact on all our lives, we perhaps have a greater empathy than ever before of what it is to feel vulnerable, lonely or isolated.

At this time of year, for the team at the Foundation and all our annual Surviving Winter Appeal partners and existing donors, thoughts inevitably turn to the coming months and the impact that shorter days and colder nights may have on the health and wellbeing, particularly of vulnerable older people and others experiencing deprivation or serious issues affecting their physical or mental health.

With winter almost upon us, Suffolk is bracing itself for a dramatic increase in need. Last year our annual Surviving Winter Appeal raised enough money to heat over 1000 homes and connected many hundreds of people to other services to help tackle isolation, address physical and mental health challenges, improve poor living conditions, solve debt problems and assist with access to services to help them stay safe and well.



#### **Great Green Adventure Playground**

I am sure you will have noticed that the new adventure playground is taking shape on the Green. Unfortunately, our contractor has been impacted by Covid restrictions and difficulties with his scheduling and resources, therefore the work has taken far longer than we originally anticipated. However, progress is being made and will soon be at a conclusion, although the situation remains fluid with the lockdown. Nevertheless, when completed hopefully in early December, the equipment will be available for use. We continue to liaise with the contractor and will monitor government directives that influence this.

We are not yet sure how we can facilitate an official opening event to celebrate the efforts put into securing funding, getting the project underway and finished. I would like to thank all those involved in what has turned out to be a challenging period.

The Parish Council does remind users that at the time of writing; From Thursday 5 November national COVID-19 restrictions apply to England, although this allows that outdoor playgrounds can remain open.

In general, you must not meet with another person socially or undertake any activities with another person. However, you can exercise or meet in a public outdoor space with people you live with, your support bubble (or as part of a childcare bubble), or with one other person.

You should minimise time spent outside your home. When around other people, stay 2 metres apart from anyone not in your household - meaning the people you live with - or your support bubble. Where this is not possible, stay 1 metre apart with extra precautions (e.g. wearing a face covering).

The Parish Council are not able to micromanage, provide direct supervision at the playground, or implement a continuous cleaning regime. We ask all users to consider their own wellbeing and that of others during the use of the equipment and note following:

We remind users, parents, guardians and carers of the need for social distancing.

We strongly recommend the wearing of face coverings. Current government guidance states that face coverings should not be used by children under the age of 3 or those who may find it difficult to manage them correctly. Parents should be aware that wearing a face covering in a playground setting could pose an additional safety risk and should use their judgement on whether their children wear a face covering.

Users are to dispose of used face coverings by taking them home for disposal.

Cleaning of equipment by users, parents, guardians and carers, particularly where there are clear touch points such as swing rockers and see-saws will improve the safety of all users.

We encourage parents to bring hand sanitiser gel or wipes to clean their children's hands.

We encourage hand hygiene with including washing/sanitising hands more often than usual, for 20 seconds using soap and water or approved gel and foam sanitiser, particularly at the beginning and end of play.

We remind the children not to put their mouths on equipment or their hands in their mouths and not to touch their faces.

The consumption of food or drink on play equipment or in the playground area is banned due to the risk associated with transmission.

We hope circumstances improve and that everyone can enjoy the new facilities we have been able to provide to the village and local community.

Derek Southgate - Chairman Cockfield Parish Council

# Cockfield Parish Council Notes

# PARISH COUNCIL COCKFIELD

# Summary report of the Extraordinary Parish Council meeting held on 17 December 2020 held by Skype Video Conference

The Parish Council do not usually hold meetings during December. However, a number of urgent items of business had emerged that had closure deadlines. This particularly related to planning consultation matters.

A number of members of the public joined the meeting principally surrounding application DC/20/03116. Given the interest the Chairman (within his discretion) allowed representations to be made beyond the period determined in the standing orders.

#### **Planning: Applications Received for consultation:**

**DC/20/05222:** Application under S73a for removal or variation of conditions relating to approved DC/19/03063 dated 12/11/2019 Town and Country Plan Act 1990. (Demolition of existing building. Erection of 9no dwellings and creation of a new vehicular access) (Conditions 2, 3, 5, 6, 8, 9, 10, 12, 13, 14, 16, 17 and 18.) - Changes to the design and layout of the scheme and construction management. The Garage, Great Green, Cockfield, Bury St Edmunds Suffolk IP30 OHJ. **The Parish Council Supports this Application with conditions.** 

DC/20/03116: Planning Application - Erection of new workshop building with the existing access to the site from the A1141 upgraded. Location: Land to The East Of, Sudbury Road, Cockfield, Bury St Edmunds Suffolk IP30 0LN. Reason(s) for re-consultation: Additional Supporting Statement received 25.09.20 & Noise Impact Assessment received 04.12.20. The Parish Council Objects to this Application. (The detailed response is visible on the BMSDC planning portal)

**DC/20/05381:** Planning Application - Conversion and extension of existing agricultural building to provide 1no. single storey dwelling (with associated demolition) Location: Colchester Green Farm, Colchester Green, Cockfield, Bury St Edmunds Suffolk IP30 0HG.**The Parish Council Supports this Application.** (The detailed response is visible on the BMSDC planning portal)

#### **Decisions Received:**

DC/20/04361: Full Planning Application - Change of use of part of existing agricultural building to self-storage facility. New Barn



Farm, Lavenham Road, Cockfield, Bury St Edmunds Suffolk IP30 OHX. Decision: Planning Permission has been Granted.

DC/20/04440: Application for removal or variation of a condition following grant of planning permission. Town and Country Planning Act 1990. Planning (Listed Buildings and Conservation Areas) Act 1990 for DC/18/00474 to vary Condition 1 (Approved plans) to facilitate replacement of the approved layout plan with the submitted phasing plan drawing 908/73. Land at Bury Road, Cross Green, Cockfield, Bury St Edmunds Suffolk IP30 OLG. **Decision: Planning Permission has been Granted.** 

#### **Adventure Playground Additional Works:**

As the existing rubber matting had further deteriorated. It was agreed that an order be placed with Action Play & Leisure Ltd, for the supply & installation of Safergrass cellular rubber matting under one pair of swings.

The contractor had met his obligation to grass seed the residual area around the works. However, with the level of usage, to expedite a speeder solution it was agreed that Cllr Brinkley be instructed to purchase 200m2 of turf to be laid at the Children's Playground, Great Green. Cllr Brinkley volunteered to lay the turf, assisted by Cllrs Morley and Golding.

It was noted that the Parish Council have publicly advised the village via articles in several editions of Green Links, of the opening of the new Children's Playground facilities and the Government's Covid Advice.

#### **CIL Working Group:**

The Working Group's meeting on site to progress the feasibility of a new Bus Shelter to replace the existing shelter opposite MacKenzie Place, had identified this was a more demanding task. Replacing only the shelter was not a long-term solution and the overall area of hard standing, kerbing and access needs to be significantly improved.

Cllr Morley is seeking a budget price from a contractor experienced in this type of work to ensure latest legislation can be met. 32

Cllr Morley advised that he is obtaining a quotation to resurface the parking bays at the Great Green and install the replacement telegraph pole edging, acquired by Cllr Brinkley.



The Parish Council may be contacted through the Clerk, Steve Ball by email at parish.council@cockfield.org.uk or 01284 8258987

Next Meeting - The next Ordinary Meeting of the Council will be held on Thursday 25th February 2021

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Contact: Elaine Gorman 01787 321400 Email: <a href="mailto:elaine.gorman@sudburycab.org.uk">elaine.gorman@sudburycab.org.uk</a> Sudbury & District Citizens Advice

#### **Advice Page**

I've fallen behind on my bills and the debts are building up. I don't know where to

You've already taken a great first step by asking for help, and it's important to know you don't need to face this alone. You can contact Sudbury & District Citizens Advice for help.

In the meantime, here are four steps you can take to get started:

- 1. Work out how much you owe Make a list of whom you owe money to and add up how much you need to pay each month. If you don't have your most recent statements, contact your creditor to find out what you owe. Some creditors will have special arrangements for people with Covid-related arrears.
- 2. **Prioritise your debts** Your rent or mortgage, energy and council tax are called priority debts as there can be serious consequences if you don't pay them. Separate these and work out how much you owe. Again, you can ask the companies or council what support might be available during the pandemic.

Work out how much you can pay - Create a budget by adding up your essential living costs, such as food and housing, and taking these away from your income. The Citizens Advice budgeting tool on our website, www.citizensadvice.org.uk can help. Any money you have spare can be put towards your debts, starting with the priority debts first. If you have any money left after paying priority debts, but not enough to make your usual payments on other debts, consider getting advice on the best way for you to start getting on top of them. Or contact your creditors and offer them what you can afford to pay.

If you can't pay your debts - If you've got little or no money spare to pay your priority debts seek advice from Citizens Advice straight away. If you're struggling to pay for basics like food, seek help immediately to see what support might be available to you. If you can't pay off other debts, such as credit cards and loans, it would also be worth contacting your nearest Citizens Advice.

We know it can feel very daunting to deal with debt, but having a plan really helps and our team will be here to help you each step of the way.

\*Please note we are no longer seeing clients face to face until further notice\*

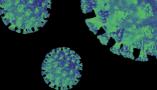
We are providing advice by telephone and email, Monday – Thursday, 10am – 1pm.

Please phone 01787 321400 if you need advice and leave a message and someone will call you back when available. We will attempt three times to call you back, so please expect a call from a withheld number.

You can also ring our Advice line on 0800 144 88 48 or 0300 330 1151.

Alternatively, contact us via email at <a href="mailto:advice@sudburycab.org.uk">advice@sudburycab.org.uk</a> or by using the contact facility on our website <a href="mailto:www.sudburycab.org.uk">www.sudburycab.org.uk</a>.





## **NHS**Counter Fraud Authority

## COVID-19: VACCINE FRAUD

Criminals are using the COVID-19 vaccine as a way to target the public by tricking them to hand over cash or financial details. They are sending convincing-looking text messages letting people know they are eligible for the vaccine or phoning people directly pretending to be from the NHS, or local pharmacy.



#### PEOPLE ARE WARNED TO BE ALERT TO THESE SCAMS:

#### The NHS will:

- NEVER ask for payment the vaccine is free
- NEVER ask for your bank details
- NEVER arrive unannounced at your home to administer the vaccine
- NEVER ask you to prove your identity by sending copies of personal documents such as your passport

#### **TOP 4 VACCINE SCAMS**



#### **TEXT MESSAGES**

People are asked to press a number on their keypad or to send a text message to confirm they wish to receive the vaccine, doing so is likely to result in a charge being applied to their phone bill and fraudsters collecting personal information to use again.



PHONE CALLS

Victims receive a phone call from a fake caller offering the vaccine for a fee or asking for bank details



#### **WEBSITES**

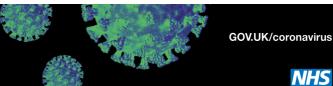
Fake URL links to convincing-looking NHS vaccine booking forms, these look like official NHS forms and may contain some personal information already, at the end of the form it asks for their bank details.



#### IN PERSON

Fraudsters are calling unannounced at the homes of victims by pretending to be from the NHS to administer the vaccine there and then, in exchange for a cash payment.





# **NHS**Counter Fraud Authority

### LIKE OTHER SCAMS, THE SAME ADVICE APPLIES:



Challenge - Could it be fake? It's ok to reject, refuse or ignore any requests that don't feel right. Check **GOV.UK** to ensure it's genuine.

- 2
- Do not respond to text messages that try to get you to send money, or important personal information such as bank details or passwords.
- 3

Use official government websites and refer to 'Contact Us' sections of websites to access information and service.



Challenge unannounced callers to your home, NHS visits if necessary will be agreed with you directly or via carers, they will never turn up unannounced.

### **EXAMPLES OF SCAMS**





### **FURTHER GUIDANCE AND SUPPORT**

#### **Public Sector Organisations:**

The Cabinet Office has formed a COVID-19 Fraud Response Team to assist the government with its counter fraud response. Requests for assistance should be emailed to: covid19-counter-fraud@cabinetoffice.gov.uk

#### Public:



If you receive a call you believe to be fraudulent, hang up. If you are suspicious about an email you have received, forward it to report@phishing.gov.uk. Suspicious text messages should be forwarded to the number 7726 which is free of charge.



If you believe you have been the victim of fraud or identity theft, you should report this directly to Action Fraud either online; **actionfraud.police.uk** or via phone **0300 123 2040.** 

### CrimeStoppers.

If you have any information relating to vaccine fraud you can stay 100% anonymous by contacting Crimestoppers COVID Fraud Hotline online; covidfraudhotline.org or phone 0800 587 5030.

### "Quiet Lanes Suffolk"

The Parish Council have decided to take part in the Quiet Lanes Suffolk initiative and has completed the expression of interest in the roll out programme.

A pilot scheme was trialled in east Suffolk during 2014 and has proved to be successful. New uptake is good with 40% of all Suffolk Parishes having a least one route included. Of course, not all Parishes have the ability meet the required criteria.

Values	Babergh	East Suffolk	Ipswich	Mid Suffolk	West Suffolk	Grand Total
Number of PARISHES engaged	37	78	1	51	25	192
Number of nominated LANES	87	182	11	82	37	399
Number of nominated ROUTES	67	146	7	68	35	323
Indicative number of signposts	188	362	12	166	68	796
Total DISTANCE of Routes (km)	110	205	8	117	67	507
% of nominated Routes	22%	46%	3%	21%	9%	
Percentage of Parishes engaged per District	49%	44%	0%	41%	24%	
Avg number of Routes per Parish	1.8	1.9	7.0	1.3	1.4	
Avg length of Routes per District (km)	1.6	1.4	1.1	1.7	1.9	

Quiet Lanes are minor rural roads, typically C or unclassified routes, which have been designated by local highway authorities to pay special attention to the needs of walkers, cyclists, horse riders and other vulnerable road users, and to offer protection from speeding traffic. Cars are not banned from Quiet Lanes and the use of Quiet Lanes is shared. Measures such as lower speed limits and discrete road signs aim to encourage drivers to slow down and be considerate to more vulnerable users who can in turn use and enjoy country lanes in greater safety, with less threat from speeding traffic.



The criteria does not allow for unilateral designation of all single-track roads and those proposed have to be validated by the highways authority as being suitable and within the parameters of the scheme.

The Parish Council is supportive of the "Safer Routes to Schools" programme, people taking local exercise and providing highway connectivity to public footpaths and pavements.

On this basis the Parish Council have indicated that we believe two routes could be successfully validated, given their usage and association and wider off-road links. We are currently working with the Suffolk Quiet Lanes group who liaise with SCC to pursue these.

- Perrydown Lane to Buttons Green which is essentially the Parish boundary in practical terms.
- The A1141 junction through Earls Hall to Perrydown Lane.



These routes pick up both ends of the Bruff's Line, other footpath routes and therefore to Jeffreys Green / Mackenzie Place.

The county rollout is staged in three segments during 2021 relative to the legal designation / validation process. The route signage requirements also have to be validated by Highways and this is where we are, having offered the Lanes. Unfortunately, central funding from county is limited and divided across all the counties lanes. Therefore, the Parish Council are having to make some financial contribution, although at this time this is not clear until we hear back.

With the process on going the Parish Council are hoping to formally acknowledge the final details and any expenditure at the February Parish Council meeting. This is a requirement of the scheme.

Please contact the Parish Clerk should you require any further information or have any questions. We very much hope you support our proposals.

### Derek Southgate - Chairman Parish Council / Quiet Lanes Coordinator

# computer Corner

### **Virtual Training**

Not so much a tip this month but an offer to run some Windows computer training. During lockdown 1, I ran a number of Zoom sessions on aspects of Windows. I am happy to do the same again if there is demand. The time slot would be Monday's 2-3pm.

Topics can be anything Windows related:

- Basic Windows intended for beginners. How to set up the Start Menu; using multiple windows etc.
- File management 1 setting up and organising folders and files
- File management 2 cloud storage e.g. OneDrive, Dropbox
- Email
- Internet and searching
- Basic Word
- Word Part 2
- Basic Excel
- Excel Part 2

Let me know using the email address below, or 07900 880888 if you are interested and in which sessions, and if there is sufficient demand I'll work with you to set up a programme.

### **Neil Ashton**

computer.circle@cockfield.org.uk

# Cockfield W.I.



### **January 2021 Meetings**

We held two Zoom meetings on the 7th of January to discuss the five resolutions shortlisted to go forward for further discussion and voting following the Annual Meeting. Eight members joined the five speakers in the afternoon session and two in the evening. The following being the most popular choices with our members.

- No 1 A call to increase awareness of subtle signs of ovarian cancer
- No 2 Stop women dying prematurely from coronary heart disease (CHD)
- No 5 Stop the destruction of peat bogs to tackle climate change

We also joined a SW on Your Sofa talk about the Suffolk Wildlife Trust one afternoon as it tied in with one of the other resolutions about protecting nature space to create wildlife-friendly communities. Seven members joined in to hear about current work and previous projects from speaker Michael Strand.

Since joining the Wildlife Trust in 1951, Suffolk has led local conservation efforts in saving some of the most important wildlife sites in the county by establishing over fifty nature reserves covering an area of 7500acres. They employ 75 staff across the county and have help from 1400 volunteers and a growing membership of over 25,000.

One of their first projects was saving and developing Redgrave and Lopham Fen which is the largest valley fen in England and one of the most important wetlands in Europe. Here they discovered the rare Fen Raft Spider and developed a successful breeding programme sharing the species with other sites.

Campaigns over the past few years have included - creating hedgehog highways: adding 77 acres to Lackford Lakes: Setting up community green spaces: Protecting Flagship Species - dormice, water voles, great crested newts, swift's, hedgehogs, lapwings and many others.

More information is available on their excellent website about programs and events for all ages (available online only at present) but many reserves are still open and free for you walk round. The information centres, hides etc are closed. Check before visiting.

Michael suggested these 5 ways to 'Do Your Bit' for encouraging wildlife into your garden.

- Add water to your garden by sinking a basin or pot in the ground making sure to provide ways for wildlife to enter and get out safely. An upturned dust-bin lid makes an excellent shallow water habitat for insects.
- Leave a % to grow wild or scruffy. 20% is equal to 2 million acres across the country. Resist the urge to tidy and leave an area of grass uncut if possible.
- Connectivity a hole in a fence, space under a gate (hedgehog highways), shrub hedges provide habitats for birds, bats, moths, small mammals and insects.
- Boundaries and Structural Adversity encourage sharing climbers over the fence with your neighbours, honeysuckle, clematis, etc redwings love pyracantha berries seemingly. Add areas of shade, long grasses, bare ground, trees, shrubs and climbers.
- Grow all year round plants, reduce cutting back in autumn, leave seed heads, hips and hollow stems in winter.

Some good advice from Michael especially now while we're unable to get outdoors as normal.

It's important to spend time in your garden engaging with nature. Wrap up well, take a seat and see what species you can spot. Make notes, take photos of what you can see. Take part in the RSPB Big Garden Birdwatch from January 29-31.

I can recommend visiting the website and finding out all that's going on throughout the various sites and also reading about the rare fen raft spider. Did I mention it's 2.5 inches/7cm in diameter, chocolate-brown with a creamy yellow stripe down each side of its body. Cute and cuddly!

### Brenda C





Cockfield CEVCP School Cockfield Bury St Edmunds Suffolk IP30 0LA

Tel & Fax 01284 828287 E-mail: admin@cockfield.suffolk.sch.uk

Dear Green Link readers,

Well what a start to the New year, we are open, then we are closed.

It's been very hard, more so than last time as we have more children wanting to come in. We have improved our home learning and we are delivering Zoom lessons too, alongside teaching children in school and responding to emailed work.

Things change daily, sometimes hourly. Testing of adults, tests to follow for children and free school meals is another debate! Parents are having to work at home too and very often they have more than one child sharing one tablet/laptop. Hard work for everyone but I have been so impressed with the work completed by the children.

There are lots of different views from the children of what's it been like in lockdown, some find it tiring learning this way, others worry, some like their mum/dad being the teacher, some do not! The weather doesn't help this time as the children feel stuck in, but some are just enjoying going for a walk. We hope that after half term we will see some normality return.

We hope everyone is keeping well and safe in the community and next time I will be able to share some more exciting news.

Best wishes,

Mrs Harkin Head teacher

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# LET'S S.C.R.A.P. FLY TIPPING!



If it's YOUR waste, it's YOUR responsibility.

Dispose of YOUR items properly to avoid an UNLIMITED FINE.

# Could YOU be fly tipping?

# PLY TIPPING IS THE ILLEGAL DUMPING OF ITEMS



### Items and bags left...

beside street bins and recycling banks, on the floor of communal bin areas,





outside closed Household Waste Recycling
Centres and charity shops ...are all FLY TIPPING!

If bins or banks are full, or the shop or centre is closed, take YOUR items away with you – DO NOT leave them behind, or YOU could receive a Fixed Penalty Notice or face an UNLIMITED FINE.

## Why fly tipping is rubbish



It is dangerous to people, animals and the environment.



It encourages others to dump more.



It is ugly; it spoils our towns and devalues the local area.



It attracts other antisocial behaviour such as graffiti and vandalism.



It harms the countryside and costs landowners thousands to clear.



It is expensive for council tax payers, local councils and landowners.

Every year hundreds of pounds are spent by taxpayers, landowners and private individuals clearing illegally dumped waste in Suffolk - tens of millions in England as a whole.

Fly tipping is punishable by an **UNLIMITED FINE** or **IMPRISONMENT.** 

## Is YOUR business disposing of its waste correctly?

EVERY business that produces waste in the UK has a legal 'DUTY OF CARE' to manage it properly from the moment it is produced until it is either recycled or disposed of.

**OVER 50%** of UK businesses are not complying with the law and **90%** of these are small companies with fewer than 50 employees\*.

It is YOUR legal responsibility to always use a registered waste carrier, and/or register to transport YOUR own waste. The correct paperwork must be kept for at least two years. A lack of understanding will not stop YOU receiving an **UNLIMITED FINE** in court.

These websites will help your business comply with the law and YOUR Duty of Care:

- gov.uk/managing-your-waste-an-overview
- rightwasterightplace.com
- tacklingflytipping.com

<sup>\*</sup>data from Right Waste, Right Place.

## How YOU can report fly tipping

Fly tipping is an illegal activity. If you see it in action, call the Police on 999 and report it as a crime in progress.

**ALL** fly tipping should be reported online to your local council, regardless of whether you saw it in progress or have just discovered it.

### **REPORT HERE:**

suffolkrecycling.org.uk/fly-tipping

# Record as many details as possible:



vehicle's registration number and details



description of the people involved



the direction they were travelling



the exact location



the date and time that you discovered the rubbish



details of the items dumped



photos of the waste and of the fly tippers if possible



Never put yourself at risk when reporting a fly tip!

# How YOU can prevent fly tipping

We ALL have a legal obligation, or DUTY OF CARE, to ensure our household or business waste is disposed of correctly. The best way to stop organised fly tipping is to make sure that only authorised waste carriers take your waste away.

YOU could face prosecution and an UNLIMITED FINE if your waste ends up fly tipped by someone else.

Remember, if it's YOUR waste, it's YOUR responsibility!

Avoid a fine. Put items in a bin, not by the side; don't leave items out for the 'scrap man'; and always follow the S.C.R.A.P. code if you are having household waste removed.

# Let's S.C.R.A.P. Fly Tipping

### SUSPECT

all waste carriers; do not let them take your waste until they have proven themselves to be legitimate. A professional waste carrier should happily answer reasonable questions.

### CHECK

their waste carrier's registration details, then verify them by searching the Environment Agency website (link below) or by calling **03708 506**. Note down the registration number of the vehicle used to take your waste away.

### **R** EFUSE

unexpected offers to have any rubbish taken away. If you do not trust that someone who you have spoken to will be disposing of waste legally, report their vehicle registration and name to the Environment Agency.

### A SK

what will happen to your rubbish and seek evidence that it is going to be disposed of appropriately.

### APERWORK

should be obtained. Make sure you get a proper invoice, waste transfer note or a receipt for your waste removal. This should give a description of the waste and provide the waste carrier's contact details.

### How YOU can find LEGAL waste carriers:

Always carry out your own research and choose whose services you wish to use. You can find licensed waste carriers in your neighbourhood by **calling the**Environment Agency on 03708 506 506

or visiting: environment.data.gov.uk/public-register/view/search-waste-carriers-brokers

### What else can YOU do with YOUR waste?



### Use your kerbside waste and recycling collection

Visit your council's website to confirm which items can be collected along with other service information.



### Use your Neighbourhood Recycling Bank or Recycling Centre (RC)

Find out more information about where you can recycle certain items, the location and opening hours of your nearest RC.

### suffolkrecycling.org.uk



### Use your council's bulky waste collection service

All councils in Suffolk offer a service to collect bulky items directly from your house – refer to your council's website or contact them for more details.



### Sell or donate your unwanted items

You can sell or give away items online using websites such as eBay, Gumtree, Freecycle or social media community groups. Only donate items to charity shops during their opening hours.

## What are WE doing?

This information is brought to you by the Suffolk Fly Tipping Group – a multi-agency task force working together to combat fly tipping. The group is made up of: Suffolk's local authorities, the Environment Agency, Suffolk Constabulary, the National Farmers' Union, Forestry England, County Land Owners Association and the Broads Authority.

Visit: suffolkrecycling.org.uk/fly-tipping

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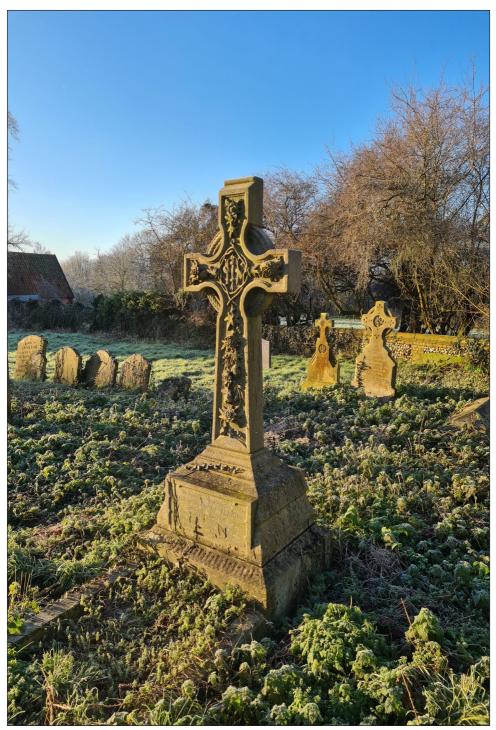














# Cockfield Community Council News February 2021

In these challenging times it is at least good to see the days getting longer. Unfortunately current circumstances being what they are the Community Council is not at this point able to firm up any plans this year, with one exception.

Two virtual Speed Quizzes were held in November and December and as ever we are very grateful for the efforts of Neil Ashton who has organised these. A third virtual quiz will be held on Sat 30 Jan with the following one on Sat 27 Feb. The technology is easy to use. Do please give it a go!

In the meantime if you have any ideas or suggestions do please get in touch with our Secretary Janne Cutting-Keyton ( janne@twerbs.co.uk) or 01284 828264



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### Cockfield Community Broadcasts

In February 2015 we introduced a new email system to broadcast information to our community on events, activities and other topics of interest. This system evolved from the original eVine system and has a number of advantages including the ability for recipients to control their own subscription.

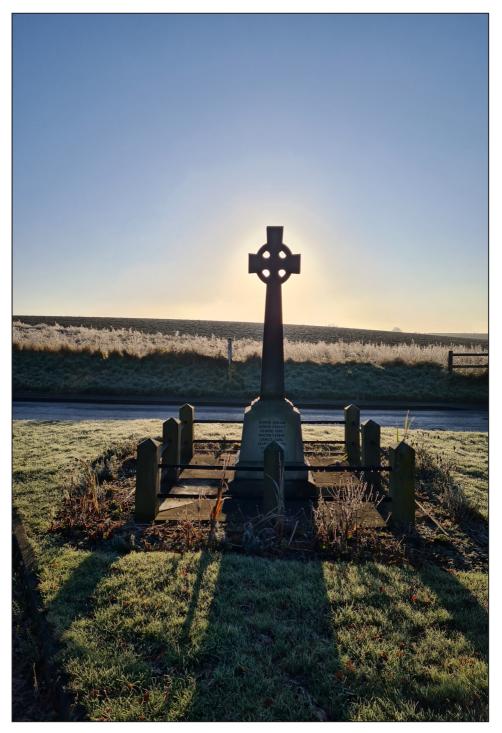
Our broadcasts sit alongside Green Links and the website as key methods of engaging with our community. For example when events are published in Green Links, we are able to use the broadcasts to let you know of updates and changes as they happen.

So we really want as many people as possible to subscribe to receive our broadcasts. Of course not all emails will be of interest to every subscriber. But since the introduction of the new system we have issued 135 broadcasts - an average of around 5 per month - so it is not a significant addition to the number of emails you already receive.

To subscribe, please visit our website at www.cockfield.org.uk and follow the link in the footer of any webpage. If you have any questions or concerns please contact me at neilka@btinternet.com.

### Neil Ashton





### Dear Friends

As I looked back at previous February articles for Green Links I felt slightly sadas they often advertised services and events that were going on in the benefice. At the moment of course we are unable to hold any of the normal events that we would be looking forward to.

We have also taken the decision to suspend holding services in our churches too - as we feel it is too much of a risk to meet together physically for worship. We are therefore continuing to livestream our weekly Sunday service online via our facebook page. May I take this opportunity to thank all of you who have been faithfully tuning in to our services, and hope that you are still able to worship from your own homes.

I had to smile when one of the members of the congregation emailed me to say that they were able to worship in their pyjamas from the warmth of their own homes - one of the few advantages of lockdown as our churches are very difficult to heat during the cold weather!

Even though at times it may seem that God has forgotten us I know that this is not the case. Our God is there with us as we experience these difficult times, wanting to share in our pain and our sorrow at all those whose lives have been affected by loss and difficulty.

May I also extend our offer as a church in the village to any who are in need of assistance, we have a team of people who are ready to listen or to shop or collect prescriptions etc. The church exists to serve its local community - do use us!

Yours in Christ Sharon

Canon Sharon Potter revsharon2@gmail.com 01284-828599 or 07825 086063

# Cockfield Benefice Rota of services for February 2021

Sunday 7th February	10am Morning Prayer
2nd Sunday before Lent	via facebook
Sunday 14th February	10am Family@Church
Sunday next before Lent	via facebook
Wednesday 17th February Ash Wednesday	10am A Service for Ash Wednesday via Zoom & facebook*
Sunday 21st February 1st Sunday in Lent	10am Holy Communion at home via facebook
Sunday 28th February	10am Worshipping Together
2nd Sunday in Lent	via facebook

All online services can be access via https://www.facebook.com/cockfieldbenefice/live/

There will be no morning prayer at Cockfield until further notice.

Please check the benefice website at www.cockfieldbenefice.com for up-to-details of services

<sup>\*</sup>For a zoom invitation to Ash Wednesday's service email revsharon2@gmail.com.





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From eBooks, author events and our online reading group to cultural and Wellbeing videos and podcasts we have something to interest everyone.



If you joined in with any of our Health and Wellbeing activities in January you will be pleased to know that our online Pilates class and Yoga for Beginners will continue through February – full details can be found on our website

### Read, Listen, Watch

Why not check out our elibrary too – you can download eBooks, eAudio, eNewspapers and eMagazines as well as music and indie films and documentaries. Staff are happy to help you access these services if you have any problems. Email us at the address below and we will get back to you





Our online reference section gives you free access to resources such as Ancestry, Find My Past and the British Newspaper Archive as well as resources to help with your children's homework and lockdown learning – including Britannica for children and students and Oxford Owl.

### DiscoveReads Zoom Event Mon 8 February 2021 from 6.30pm Author Chat & Q & A with bestselling author Louise Penny



If you enjoyed last month's chat with Tracy Borman, why not join us again for our next event. Please join us at this FREE event which will take place via Zoom.

Full details of how to join are on our website. All events are uploaded to the Suffolk Libraries Youtube channel afterwards so you can watch them at a time to suit you

Check our Facebook page for **Lego challenges** and **Family Crafts** and we will be adding a weekly **Storytime** session soon.

If you are missing **Tot Rock**, please contact the library to be added to Nick's Zoom sessions which run on Tuesday afternoons from 2.30pm.

### **Contact Details**



Lavenham Library, Lavenham Village Hall, Church St, Lavenham CO10 9QT
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Email: lavenham.library@suffolklibraries.co.uk Suffolk Libraries HMRC charity number XT34476

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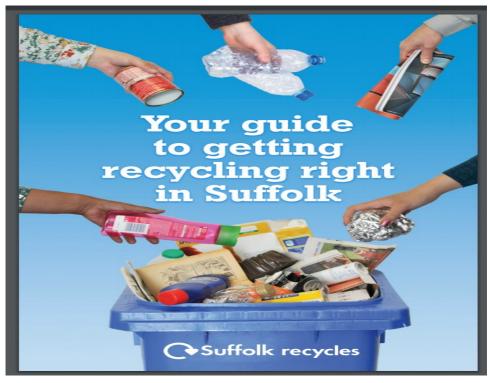
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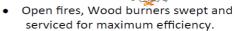
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### **Congregational Church Corner**

Many years ago a certain radio station in another county had a regular programme called "Something to think about ". It is a title I could easily have adopted for these regular monthly pieces I have written for over twenty years. So here is something to think about.

Without a Creator human life has no ultimate meaning. We have to make sense of our own life in whatever way we can. We might as well invest as much as possible in money, sex, ambition, pleasure or whatever else we choose to live for, even if we know that they do not ultimately satisfy there is nothing else. But if there is a Creator, as the Bible insists and the world around us suggests, then we can conclude that life does make sense, we have been created for a purpose.

What is that purpose? What design was in God's mind when he made us? The book of Genesis reveals the Creators plan. He made us in "his image ". We are able to relate to him. That was his original plan for our lives, that we might live in his world in perfect relationship with him. The description of Adam and Eve in the Garden of Eden presents a picture of human life as it was designed to be. We are told that "God saw all that he had made and it was very good (Genesis 1v31). Human beings consciously submitted to God as their creator and enjoyed the perfect life as a result, harmony with their God leading to harmony with each other and the world around them.

If the Bible is right then we were created to live as Gods friends, it is not surprising that we do not function properly unless that friendship is in place. We were designed in such a way that we need food and liquid if we are to survive and we are hungry and thirsty until we get them. In a similar way we were designed to exist in a loving friendship with God. It is only in a relationship with him that life ultimately makes sense and nothing other than that can bring lasting satisfaction. It was a great church leader Augustine who many centuries ago wrote "Lord you have made us for yourself and our hearts are restless till they find their rest in you."

### PASTOR GORDON HOLD

Enquiries Pastor Gordon Hold 01284 762663 ghold@gmail.com

Cockfield Contacts	October 2020 Web
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CATEY Pre-School	Teresa Rutterford	catey@cockfield.org.uk	
Cockfield Carpet Bowls Club	June Pettit	carpet.bowls@cockfield.org.uk	
Cockfield Cemetery	Ralph Turner	828201	
Cockfield Charties	Tony Box	charities@cockfield.org.uk	
Cockfield Congregational Church	Pastor Gordon Hold	01284 762663	
Cockfield Football Club	Joe Brinkley	football@cockfield.org.uk	
Cockfield Netball Club	Lindsee Summers	netball@cockfield.org.uk	
Cockfield Post Office	Barbara Turner	01284 828201	
Cockfield Primary School	Trudie Harkin Headteacher	admin@cockfield.suffolk.sch.u	
Community Council Secretary	Janne Cutting-Keyton	community.council@cockfield.org.uk	
Computer Circle, e-news	Neil Ashton	computer.circle@cockfield.org.uk	
County Council - Local Member	Robert Lindsay	07738 264087	
		robert.lindsay@suffolk.gov.uk	
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Local Member	Clive Arthey	01787 211316	
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		Margaret.Maybury@babergh.gov.uk	
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Green Links - Village Magazine	Janne Cutting-Keyton	green.links@cockfield.org.uk	
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