

Rules from 12 April 2021

Stage two of the easing of lockdown



You can meet outdoors (including in private gardens) at a distance of 2m:

- In groups of up to six (this means one person can meet up to five others from different households)
- Or any number of people from no more than two households. (Your household is the people you live with).



What is now open to visit alone or with my household?

- All shops, hairdressers, beauty salons and gyms
- Zoos, theme parks, libraries and community centres
- Outdoor sports facilities
- Children will be able to attend any indoor children's activity, including sport



What else can I do?

- Restaurants, cafes and pubs can provide table service to customers sitting outdoors
- Members of the same household can take a holiday in England in self-contained accommodation e.g. holiday cottages
- Weddings or wakes can be attended by up to 15 people in permitted premises



Can I travel?

- The 'Stay at Home' requirement is no longer in place, however, you should continue to work from home if you can and minimise the number of journeys you make.
- Where possible, stay local and avoid travelling at the busiest times and routes.



Can I access testing if I don't have any symptoms?

1 in 3 people with the coronavirus do not show any symptoms. Through testing we can stop the spread of the virus to other people. Go online to book a test or a home test kit at www.suffolk.gov.uk/coronavirus-covid-19/getting-a-test/ or call **0333 772 6144** (interpreters are available).



Whether you have had a vaccination or not, you can catch and pass Covid-19 onto other people, so still remember 'Hands. Face. Space':

Hands – wash your hands regularly and for 20 seconds
Face – wear a face covering over nose and mouth in indoor settings
Space – stay 2 metres apart from people you do not live with where possible